وزارة التعليم العالي والبحث العلمي الجامعة اللبنانية الدولية اليمن كلية الصيدلة والعلوم الطبية الصيدلة السريرية

دليل التدريب الميداني لطلاب البكالوريوس صيدلة سريرية

mcherfan

# LEBANESE INTERNATIONAL UNIVERSITY SCHOOL OF PHARMACY & Medical Science

**Summer 2022** 



# **Bachelor of Clinical Pharmacy**

دلیل التدریب المیدانی لطلاب البکالوریوس صیدلهٔ سریریهٔ

**Pharmacy Practice Experience I (PHAR 480)** 

&

Pharmacy Practice Experience II (PHAR 580)

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### **Introduction**:

Pharmacy Practice Experiences (PPE) is a two series internship, each extends over twelve weeks to be spent in a hospital pharmacy department, and in four clinical departments of a hospital. PPE are designed to provide students the opportunity to further develop their skills and knowledge base in clinical pharmacy practice and pharmaceutical care provision to patients with disease states that pharmacists are likely to encounter in their practices.

PPE reinforce and continue the development of skills and knowledge students received during the previous years. In addition, PPE provide students the opportunity to interact with various patient populations and healthcare professionals in a variety of settings. Students must work under the supervision of a licensed pharmacist or preceptor at all times during the PPE.

#### **Practice Program Goals:**

The goals and objectives of PPE are based on the competencies needed to fulfill the requirements of the bachelor degree of clinical pharmacy. Students must demonstrate a minimum level of proficiency by the end of each of the four clinical specialties in order to receive credit.

Preceptors may use these to devise their own goals and objectives for their rotations and work with students to incorporate individual student interests into goals and objectives.

#### At the end of PPE, the student will be able to:

- 1) Demonstrate a commitment to improve the care of patients in all aspects of hospital pharmacy practice.
- 2) Apply the pharmaceutical care model of practice in all aspects of drug therapy to individualize patient therapy.
- 3) Perform routine professional functions in all areas of hospital pharmacy practice.
- 4) Demonstrate an expanded knowledge base in the areas of institutional pharmacy practice, rational and economic use of drug therapy, and the role of drug therapies in the management of patients' medical problems.
- 5) Critically evaluate the medical and pharmaceutical literature when responding to drug information requests, and when applying new advances in therapy to the management of individual patient medical problems.
- 6) Communicate effectively with patients, other health care providers, and pharmacy department staff.
- 7) Provide effective education on drug therapy to patients, other health care providers, and pharmacy staff and students.
- 8) Demonstrate a commitment to continue self directed learning.

#### **Course Description:**

This internship is 24 weeks in length. In four weeks, the student will be under the direct supervision of a hospital pharmacist, where his major tasks will be accomplished within the hospital pharmacy premises. In the remaining 20 weeks the student will be attached rotationally to the healthcare team of four clinical departments, three of which are compulsory (internal medicine (IM) for 6 weeks, cardiac care unit (CCU) for four weeks, and intensive care unit (ICU) for 6 weeks), and an elective one for four weeks. In each rotation the student will be on the floors, by patient bedside and consulting charts under the supervision of the attendant and a registered nurse.

#### **General Rules and Regulations**

- Each student will spend a period of twelve weeks in hospital training.
- Each student will complete four clinical rotations and a hospital pharmacy attachment.
- Compulsory rotations are Cardiac Care Units (CCU), Intensive Care Unit (ICU), and Internal Medicine (IM)
- Elective rotation- one of the following, depending on availability: Pediatrics, Oncology, Endocrinology, Infectious Diseases.
- Selection of the elective rotations is tailored according to availability of the services and vacancies at that specific time.
- All students, in addition, should spend a three-weeks period in the hospital pharmacy.
- Preceptors prior to the commencement of the rotation will distribute students into different services with the cooperation of the hospital pharmacist and/or medical director.
- The student must be present five days per week, Saturday through Wednesday from 8:00 till 1:00.
- Preceptor reserves the right to visit the student at any time during rotation schedule with no prior notification.
- Each student is responsible **for two active cases per week** to be thoroughly assessed following the SOAP format discussed later.
- Each student should perform **five to seven** active patient **monitoring** and at least **two** documented **interventions** per week.
- All students are required to attend all seminars, presentations, and discussions held by their preceptors. Absence will affect the final grade and with each absence 5% of the grade will be deducted.
- Every student is expected to <u>clearly identify him/herself as a pharmacy student (not a pharmacist)</u>. The student should not hesitate to admit lack of knowledge in an area if a question is posed on him/her by any member of the health care team. However, he/she should have the curiosity to search and submit complete, unbiased, and current information about the request.
- <u>Attendance is mandatory</u>. The student must notify the preceptor at least 24 hours and get the approval before his/her absences. The preceptor will schedule a make-up for the lost day and extra hours after three are prohibited. Students with unexcused absences will be subject to strict actions deemed appropriate by the school. A 5% will be deducted from the grade for his first absence and withdrawal from the course for the second time.
- The student must not accept financial compensation for his/her twelve-week rotation nor for any project required by the hospital as a part of the course.

- Student must exhibit a **professional appearance** both in manner and dress. They must adhere at all times to the standard dress code and wear their clean LIU white coat during rotation along with their nametag. This ensures a professional image of the student and the university. Students are NOT allowed to wear jeans nor casual wear, or to put on sport shoes.
- Male students must wear a shirt and a tie at all times (unless approved otherwise by the preceptor due to religious issues). Only long sleeves shirts are allowed.
- Female students must wear professional clothes and shoes where open shoes aren't allowed. Exaggerated makeup is not permitted.
- Any **violation** in the dress code will be **reported** to the clinical committee, which will take the appropriate action
- Criticism by preceptors should be viewed as a means of constructive advice or evaluation and not an embarrassment.
- The students should abide by the rules and regulations set by the hospital regarding parking procedures, log in/out, library and resource access and human resource requirements.
- Students are required to attend and participate in grand rounds, meetings, talks, and seminars conducted in their services especially those pertinent to pharmacy practice.
- Assignments, projects, presentations, and journal clubs should be completed and submitted on time according to a preset schedule with the preceptor. Any delay in assignments or failure to present on time (Maximum one day) will result in grade deduction on the current task. Otherwise, a **zero** will be granted on that work.
- Students shall maintain professional attitude when dealing with other members in the health care team. If a conflict arises, the student is required to report it to the preceptor. The latter will resolve any misunderstanding.
- The student must **keep confidential** all information pertaining to the patient's health and any other information of a personal nature.
- **Misbehaving** or un-respectful attitude towards the preceptor results in **dismissal** from the course.

#### **Preceptors:**

Asst. Prof. Dr. Abdullah Ahmed Al-Dahbali Asst. Prof. Dr. Khaled Mohammed Alakhali Dr. Mohammed Abdullah Kubas Faiz khaled sakran, Pharm D Zahra Faisal, PharmD abdallah.dahbaly@ye.liu.edu.lb alakhalikhaled@gmail.com M7kubas\_ph@yahoo.com Faiz.sakran@ye.liu.edu.lb zahra.faisal@ye.liu.edu.lb

#### **Student Evaluation & Assessment:**

- Student evaluation is an ongoing process in both PPE I and PPE II. Preceptors assess their students and provide their feedback orally whenever deemed appropriate and through a written evaluation at the middle and the end of the semester. Midpoint evaluation is essential as an alert to those not performing satisfactorily. Preceptors will pinpoint the deficiencies in each student's performance so that they can improve before the end of the clerkship.
- Evaluation is primarily based on academic performance including but not limited to decision-making process, knowledge, ethics and morality, and communication skills.

#### • Grading Distribution

Case Discussions*	40%
PowerPoint Topic Presentation	20%
Case Monitoring	15%
Final	15%
Field Supervisor Evaluation	10%

<sup>\*</sup>The hospital pharmacy rotation evaluation is part of the case discussion.

#### The passing grade in this course is $\underline{\mathbf{D}}$ .

#### **Rotations:**

- Major rotations:
  - Hospital Pharmacy- four weeks
  - Internal Medicine- 6 weeks
  - Intensive Care Unit- 6 weeks
  - Cardiac Care Unit- 4 weeks
- Elective rotations: four weeks
  - Pediatrics
  - Infectious Diseases
  - Oncology
  - Endocrinology

#### Purpose

- Acquire
  - Clinical skills
  - Knowledge
  - Competencies in pharmaceutical care provision on wide variety of acute and chronic settings
- Goals
  - To reinforce the pathophysiology/epidemiology for common diseases

- To get familiar with clinical practice guidelines/literature & develop clinical skills in order to individualize patient therapy
- To provide effective patient education and counseling
- To provide effective communication skills with the health care professional
- To develop critical thinking, decision making, and professional skills to optimize patient outcomes

#### Objectives

- Assess patient subjective data
- Assess patient objective date
- Formulate the pharmaco-therapeutic plan
- Evaluate the effectiveness of treatment
- Determine dosage adjustment or alternative therapy
- Identify cultural, economic, psychological, and communication barriers which may affect patient compliance

#### Assignments

- Review of tertiary, secondary and primary literature related to the case discussed
- Submit assigned duties or readings by the preceptor
- Discuss 2 cases per week and at least 7 active monitoring
- Present a power point topic assigned by his/her preceptor
- Sit for a written examination

#### Activities

- Conduct patient physical assessment, interviews and or counseling sessions
- Attend daily round(s)
- Evaluate patient information from medical charts, records, and laboratory tests
- Cases and monitoring discussion daily with the preceptor
- Participate in seminars, journal club evaluation or other hospital health care activities
- Prepare medical talks and presentations for the health care team

#### **Internal Medicine**

- Parkinson
- Alzheimer
- Pain management
- Hypertension
- Peptic ulcer
- DVT prophylaxis /treatment
- Diabetes Mellitus
- Bowel disturbances
- Osteoporosis
- Asthma
- COPD
- CAP/HAP
- Meningitis
- Urinary tract infection
- Dyslipidemia

Seizure

#### Cardiac Care Unit

- Cardiovascular testing
- Ischemic Heart disease
- Cardiopulmonary Resuscitation
- Myocardial infarction
- CHF
- Hypovolemic shock
- Acute Coronary syndromes
- Cardiac arrest
- Cardiomyopathy / Diastolic Heart failure
- Venous thromboembolism
- Peripheral artery disease

#### Intensive Care Unit

- Fluid and electrolytes disturbances
- Chronic renal failure and end stage renal disease
- Acute renal failure
- Upper gastrointestinal bleeding
- Lower gastrointestinal bleeding
- Respiratory failure/ARDS and mechanical ventilation
- Diabetes ketoacidosis
- Stroke
- Parenteral Nutrition
- Liver cirrhosis's
- Hospital acquired pneumonia
- Jaundice
- Multiple organ dysfunction syndromes
- Septic Shock

#### **Pediatrics**

- Vaccination
- Thalassemia
- Meningitis
- Gastroenteritis
- Pediatric Seizure disorders /Status epileptics
- Respiratory viral infection
- Malnutrition
- Upper respiratory tract infection
- Lower respiratory tract infection
- Acid reflux
- Asthma /Allergies

#### Oncology

- Nausea /Vomiting
- Oncological Emergencies
- Pain assessment and Management
- Prevention and treatment of gastrointestinal disturbances
- Hematological disorders induced by chemotherapeutic drugs
- Monitoring parameters for major chemotherapeutic drugs
- Handling cytotoxic medications
- Solid tumors
- Liquid tumor
- Multiple myeloma
- Hematopoietic Stem cell transplant
- Solid tumors:
  - Breast cancer
  - Prostate cancer
  - Testicular cancer
  - Colorectal cancer
  - Lung cancer
  - Ovarian cancer
  - Bone cancer
- *Liquid tumor:* 
  - Leukemia
  - Lymphoma
  - Sickle cell disease

#### Endocrinology

- Diabetes Mellitus
- Thyroid Disorders
- Adrenal gland disease
- Pituitary gland disorders
- Diabetic Ketoacidosis
- Hyperosmolar State
- HTN in Diabetic patients
- Hyperlipidemia in Diabetic patients
- Diabetic Nephropathy
- Diabetic Retinopathy
- Foot Care
- Diabetic Neuropathy

#### Infectious Diseases

Central Nervous System Infections Lower Respiratory Tract Infections Upper Respiratory Tract Infections Skin and Soft Tissue Infections Infective Endocarditis Gastrointestinal Infections Sepsis

Urinary Tract Infections and Prostatitis Bone and Joints Infections Febrile Neutropenia

#### **Case Presentation/ Discussion:**

#### **Purpose:**

The purpose of the case presentation is to demonstrate an integrated pharmaceutical care approach that reflects both the student's pharmacotherapeutic knowledge and awareness of the unique patient condition that requires individualization of therapy. Proper retrieval and interpretation of patient subjective and objective data are essential in assessing accurate drug related problems and formulating an appropriate treatment plan with the proper follow-up and reassessment.

#### **Case Selection:**

Choose a case in which your intervention had significantly affected, or potentially will affect, the therapeutic outcome of the patient. It is preferable to select a patient with whom you can have a direct contact. This will enable you to assess patient's drug-related problems, goals of drug therapy, and outcome.

<u>Note:</u> The student must refer to the <u>(Attached SOAP format)</u> for detailed information on how to properly assess, fill, and document a patient case. This format serves to document the pharmacist's decisions and interventions in various pharmacy practices.

#### **Guidelines for Case Presentations:**

The facts of the case should be presented in approximately 10 minutes followed by an assessment of the treatment by relying on most updated guidelines and thorough discussion of the **drug-related problems (DRPs)** (an additional 30-40 minutes).

#### **Suggested Case Presentation Format**

- 1. Subjective Data
  - a. Patient Demographics (initials, age, gender, race)
  - b. Chief Complaint and History of Present Illness: Why did the patient seek medical attention?
  - c. Past Medical History and Medications
    List/review briefly the patient's past medical conditions (including dates), surgical
    procedures and medication management
  - d. Present Medical Conditions and Medications Review the patient's current medical conditions and medications
  - e. Family/Social/Allergy/Compliance History
- 2. Objective data
  - a. General Appearance
  - b. Physical examination, Review of Systems
  - c. Relevant Laboratory Findings (where available, or applicable) Include dates for lab investigations
  - d. Pinpoint abnormal values and make it relevant to patient present diagnosis
  - e. Other diagnostic tests that could be done for the patient
- 3. Assessment Data

- a. Diagnosis of present condition: Brief definition of the disease
- b. Assess disease severity
- c. Include risk factors for the disease and highlight specific RF for the patient

#### 4. Plan Data:

- a. Patient directed goals of therapy
- b. Non-pharmacological treatment
- c. Pharmacological treatment
  - Present treatment algorithm while relying on most updated guidelines
  - Present therapeutic alternatives (consider efficacy, SE, safety, compliance, cost, drug interactions, etc.)
  - Provide a patient specific recommendation from the list of therapeutic alternatives
  - Support your recommendation by randomized controlled trials
  - Compare your recommendations and assess appropriateness of patient treatment
  - Present a monitoring plan (response to therapy, signs and symptoms, Drug-Drug interactions, toxicities, side effects...)
  - Identify the Drug Related Problems
  - Prognosis and second line treatment in case of treatment failure
- d. Patient counseling
- e. Discharge plan

#### **Patient Monitoring:**

The student is required to:

- 1. Monitor 5-7 patients in the service he/she is in charge of, so that they can disclose to the team any information about a specific case when requested. **Attached Monitoring Format.**
- 2. Judge the pertinence of available information and determine the frequency and duration of monitoring to ensure proper drug therapy.
- 3. Monitor disease progression/regression in the patient using appropriate, relevant, and pertinent monitoring parameters.
- 4. Review medication administration records usually filled by the nurse as a critical source of drug monitoring information. Missed doses, drug interactions, incompatibilities, and other potential drug-related problems may be evident
- 5. Identify potential drug-drug, drug-food, drug-lab, and drug-disease interactions. The student shall describe the mechanism, significance, clinical manifestations, and strategies for recognition and prevention of such interactions.
- 6. Differentiate between baseline labs needed to forecast therapeutic effect/toxicity and monitoring labs, which aid in determining drug therapy effectiveness/toxicity.
- 7. Identify laboratory results, which apparently lack validity for a patient (i.e., Treat patients, not numbers), and determine when an abnormal laboratory value represents a new problem or an adverse drug reaction.
- 8. Make appropriate dosage adjustments for (a) acute treatment, (b) chronic treatment, (c) renal impairment, (d) hepatic impairment, (e) perfusion/circulatory impairment, and (f) other factors, and recognize the need for proper adjustments in drug therapy when parameters change.
- 9. Identify factors influencing any unexpected response to therapy.

10. Properly document all findings, discuss any clinically significant information with the preceptor and, with approval, report this information to the patient's physicians and nurses and fill an intervention form (**Attached at the end**) when you detect less than optimal prescribed therapeutic regimen.

#### **Journal Club:**

Each student must present one recent article during his/her rotation. The article will be presented to the preceptor in the presence of the other students to ensure a group discussion and stimulate exchange of thoughts and ideas.

#### **Student Topic Presentation:**

Each student must present one topic in a PowerPoint presentation during his/her rotation. The topic will be assigned by the preceptor two weeks before the assigned date of the presentation. The student's presentations will be conducted by individual hospital sites in the presence of the other students to exchange thoughts and ideas.

#### Additional required tasks:

- ➤ Each student must provide a daily log in/out form signed by the pharmacist/attendant/nurse in charge. Refer to **Attached form**
- Each student must fill a weekly report that should be submitted to the preceptor by the end of each week. Refer to attached **weekly report format**
- > Students must complete patient intervention forms provided at the end of this manual. A drug incident report must be filled in case of an adverse drug reaction or allergy incident.
- ➤ Each student is responsible to keep a rotation file that includes: all the monitoring conducted during the rotation, the intervention, the case presentations and any other activity. The rotation file should be submitted to the preceptor by the end of each rotation.
- ➤ Completion of the appropriate paperwork required by Lebanese Order of Pharmacists is the sole responsibility of the student. See <u>Attached form.</u>

#### **ONLINE RESOURCES**

- American Pharmacist Association <u>www.aphanet.org</u>
- The American Society of Health-System Pharmacists (ASHP) www.ashp.org
- U.S. Pharmacopeia www.usp.org
- U.S. Food and Drug Administration www.fda.gov/medwatch
- Centers for Disease Control <u>www.cdc.gov</u>
- The Clinician Ultimate Reference Guide www.globalrph.com
- Drug interactions checker http://www.drugs.com/drug\_interactions.php
- Web site with common prescribing information <a href="http://www.rxmed.com">http://www.rxmed.com</a>
- Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (full report)
  <a href="http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.htm">http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.htm</a>
- National Guideline Clearinghouse http://www.guideline.gov
- High quality information about marketed drugs: http://dailymed.nlm.nih.gov
- Clinical reference tool http://www.ebscohost.com/dynamed/

# LEBANESE INTERNATIONAL UNIVERSITY Patient Database Worksheet SOAP Format

Student name:	
<b>Demographic Information</b>	
Patient name:	ID number:
Age:	Physician name:
Weight:	Admission date:
Height:	Discharge date:
Ideal body weight:	Bed #:
BMI:	CrCl:
Race:	Nutritional status:
Gender:	Service:
Chief complaint:	
History of present illness:	
Past medical history:	
Past surgical history:	
Social/family history:	

#### **Vaccination Status:**

Vaccine type	Dates

Allergy/reaction history: Food, Dyes, Medications.....

Type of Allergy: Description:

#### Past medications history (medication taken at home):

Medication name	Indication	Strength/dosage form /Route	Dosing Schedule	Date Started/ Date Stopped

#### **Present medications history:**

Medication name	Indication	Strength/dosage form	Dosing Schedule (Fill Monitoring Sheet for present medications)

#### **Physical Exam**

**Review of System:** 

GEN: general appearance and health status

HEENT: head, ears, eyes, nose, throat

COR: cardiopulmonary exam

ABD: abdomen

**EXT**: extremities

NEURO: neurological exam

PSYCH: mental status exam

# Vital signs:

Vital signs	Day 1	Day2	Day3	Day4	Day5	Day6	Day7	Day8	Day9
Temperature									
Respiratory									
Rate									
Blood									
Pressure									
Pulse									

# **Chemistry Lab:**

Lab data	Day1	Day2	Day3	Day4	Day5	Day6	Day7	Day8	Day9
Na									
K									
Cl									
Mg									
Cr									
GLU									
AST									
LDH									
ALT									
BUN									
HCO3									
BILI									
ALB									
LDL									
HDL									
LDL									
TG									
INR									
CPK									
Uric Acid									
APTT									
CO2									

# **Hematology Lab:**

Lab data	Day 1	Day2	Day3	Day4	Day5	Day6	Day7	Day8	Day9
WBC									
Hg									
Hct									
SEG									
Platelet									
EOS									
MON									
LYM									
RBC									

# Microbiology lab:

Date	Site of culture	Culture result

Antibiogram Results:					

# **Problem List:**

<b>Current Disease Conditions</b>	Treatment
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	

SOAP:		
Subjective:		
<b>Objective:</b>		

Assessment:	

Plan:			

LEBANESE INTERNATIONAL UNIVERSITY

#### SCHOOL OF PHARAMCY Pharmacy Practice Experience I/II

# PATIENT MONITORING DATA SHEET

Student Name:		
Date:		
Hospital Name an	d Service:	
Patient Data		
Name:	Chief complaint:	Medical problems:
Number:	-	1.
Gender:		2.
Age:	History of present illness:	3.
Body weight:	James	4.
IBW:		
Allergies:		Admission date:
		Discharge date:

#### **Medication Data**

Medication Name (brand/generic)	Dose/Frequency/Route	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7

**Laboratory Data** 

Lab Value	Normal Range	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Hg/Hct								
RBCs								
WBCs								
Neutrophils								
Lymphocytes								
Platelets								
Sr Cr/Cr clearance								
BUN								
$Na^+/K^+$								
Ca <sup>2+</sup> /Mg <sup>2+</sup>								
SGOT/SGPT								
Albumin/globulin								
Total cholesterol								
HDL								
LDL								
TG								
FBG								
HbA1C								
Uric acid								
Troponin								
CK-MB								
INR								
PT/aPTT								
Others; specify								

### **Vital Signs**

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
BP							
RR							
Temp							
HR							

### **Urine Analysis**

Color	
Specific gravity	
RBCs	
WBCs	
Nitrate	
Others; specify	

# **Microbiology Lab Results**

Color	
Specific gravity	
RBCs	

Stool Analysis Results:

# LEBANESE INTERNATIONAL UNIVERSITY

#### SCHOOL OF PHARAMCY Pharmacy Practice Experience I/II

# **Weekly Activities Report Form:**

**Date:** \_\_\_\_\_

Student Name: \_\_\_\_\_

Rotation:	Hospital:
W/FFI.	Towing and Comments
WEEK:	<b>Topics and Comments</b>
Cases Prepared	1.
	2.
Cases Discussed with preceptor	
Monitoring	
New Things Learned	1.
	2.
	3.
	4.
Other Activities (Talk, grand	
round)	

Preceptor Signature: Student Signature:

# LEBANESE INTERNATIONAL UNIVERSITY SCHOOL OF PHARAMCY

#### Pharmacy Practice Experience I/II

# **Medication Intervention Form**

Source:

Accepted:

-Drug-Drug interaction

-Drug-Disease

interaction

-Others:\_

-Drug-Herbal interaction

Physician:		1: Written prescription	1:Yes
Patient Initials:		2: Verbal Order	2: No
Service:		3: Phone Order	
	Type of Inter	vention	
Allergy/disease State	<b>Therapeutic Consultation</b>	<b>Duplicate/unnecessary</b>	Order Clarification
Contraindications	-Adjust dose	Therapy	-Clarified poor
-Acetaminophen allergy	-Adjust frequency or	-Duplicate forms of the	physician handwriting
-Aspirin allergy	duration	same medication	-Clarified dosage form
-Penicillin allergy	-Change to more effective	-Duplicate of two	-Clarified drug
-Cephalosporin allergy	drug	medications with same	-Clarified frequency or
-Sulfa allergy	-Check labs	efficacy	duration
-Morphine/meperidine/	-Disease state	-Unnecessary therapy	-Clarified indication
codeine Allergy	recommendation		-Clarified strength
-Others:	-Pharmacokinetics consult		-Others:
	-Pain management consult		
	-Others:		
Alternate Route	Renal Excreted Drug	Formulary Conversion	Interaction/
-Oral to	Monitoring	-Convert from non-	Compatibility
-Rectal to	-Dose adjustment	formulary/non available	-IV compatibility

#### **Summary of Intervention**

Student Name:\_\_\_

-IM to\_\_\_\_\_

-IV to\_\_\_\_\_

-SC to\_\_\_\_\_

-Others:

-Topical to\_\_\_\_\_

Describe a brief scenario of what happened and what the action/correction was	
	-

to formulary

effective drugs

-Others:\_\_\_\_

-Convert to more cost

**Intervention Supervised and Approved by (name and signature)** 

**Hepatically Metabolized** 

**Drug Monitoring** 

-Dose adjustment

# **Case Discussion Evaluation Form**

Student name:	Preceptor name:
Case topic:	Date:

Grade/100:

1= unacceptable; 2= poor; 3= acceptable or good; 4= very good; 5= excellent

Subjects (15 points)					
Identified and collected the necessary data	1	2	3	4	5
<ul> <li>Categorized and organized data using the appropriate format</li> </ul>	1	2	3	4	5
Incorporated all relevant data/facts	1	2	3	4	5
Objective (15 points)	I	<u> </u>	<b>'</b>		1
Identified and collected necessary data	1	2	3	4	5
Categorized and organized data using the appropriate format	1	2	3	4	5
Incorporated all relevant data/facts	1	2	3	4	5
Assessment (40 points)	1	•	<b>.</b>	•	•
Filtered relevant data from irrelevant data	1	2	3	4	5
Collected and organized all appropriate patient or drug-related information	1	2	3	4	5
Identified missing or incomplete data	1	2	3	4	5
Identified a complete problem list	1	2	3	4	5
Assessed each problem	1	2	3	4	5
Evaluated appropriateness of drug therapy	1	2	3	4	5
<ul> <li>Evaluated appropriate less of drug therapy</li> <li>Evaluated all drug therapy, based on efficacy and SE</li> </ul>	1	2	3	4	5
Assessed need for current or additional medications	1	2	3	4	5
Used critical thinking and problem solving skills	1	2	3	4	5
<ul> <li>Selected resources that are accurately relevant</li> </ul>	1	2	3	4	5
	1	2	3	4	5
<ul><li>Applies best evidence to individualize patient therapy</li><li>Answered questions properly</li></ul>	1	2	3	4	5
Plan (30 points)					•
Included desired therapeutic goals/endpoints	1	2	3	4	5
Recommended an appropriate plan for each problem	1	2	3	4	5
Included recommendations for drug therapy	1	2	3	4	5
Included recommendations for non-drug	1	2	3	4	5
Included recommendations for monitoring	1	2	3	4	5
Justified proposed plan	1	2	3	4	5
Presented in an organized, logical manner	1	2	3	4	5

# **Presentation Evaluation Form**

Stu	ıdeı	nt n	am	es:

Presentation topic:	Date:
---------------------	-------

# **Grading system:**

1=unacceptable; 2=poor; 3=acceptable or good; 4=very good; 5= excellent or outstanding

I. Con	tent 55%						
	entation objectives						
a.	Clearly presented	1	2	3	4	5	
b.	Attracted the audience attention	1	2	3	4	5	
c.	Accurate and to the point	1	2	3	4	5	
2 Pres	entation organization						
2. 11cs a.	Flowed logically	1	2	3	4	5	
	Well organized	1		3	4	5	
	Precise and confined to topic	1	2 2	3	4	5	
	Clear introduction and conclusion	1	$\frac{2}{2}$	3	4	5	
	Appropriate use of allowed time	1	2	3	4	5	
	entation material						
a.	Attractive and reflective	1	2	3	4	5	
	introduction				4	_	
b.	Deep complete information	1	2	3	4	5	
4 4 4 4 4 4	presented						
	essential parts were discussed:					_	
	Disease background	1	2	3	4	5	
d.	Non-pharmacologic treatment	1	2	3	4	5	
e.	Pharmacologic treatment	1	2	3	4	5	
f.	Focus was made on the	1	2	3	4	5	
	pharmacologic treatment						
g.	Use of appropriate studies (by	1	2	3	4	5	
	number and content)						
h.	Appropriate case presentation and	1	2	3	4	5	
	solving						
i.	Summarized and reflective	1	2	3	4	5	
	conclusion					_	
j.	Clinical recommendation made at	1	2	3	4	5	
	the end	1	2	2	4	~	
K.	Good use of references	1	2	3	4	5	
	view of primary Literature (10%)						
1. App	ropriate presentation of the literature	1	2	3	4	5	ļ

1	2 2	3	4 4	5 5	
1	2	3	4	5	
1	2	3	4	5	
1	2	3	4	5	
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**Student's Signature:** 

**Instructor's Signature:** 

### **Journal Club Evaluation Form**

Student name: Preceptor name:

Article title:	Date:

#### **Grading system:**

1=unacceptable; 2=poor; 3=acceptable or good; 4=very good; 5= excellent or outstanding

#### I. Content 65%

#### **General Evaluation 5%**

- 1. Journal
  - a. Classification/impact factors
  - b. Background
- 2. Article title
- 3. Authors
  - a. Relative background
  - b. Number of authors identified
  - c. Relative published articles
- 4. Presentation of abstract and references
  - a. Brief (and not detailed)
  - b. Summarized: study goals, method, results
  - c. Reflective of content
  - d. Evaluation of references

#### **Introduction (10%)**

- 5. Article introduction
  - a. Introduction and interest in topic described
  - b. Clear identification of the background
  - c. Use of primary literature or other related articles
  - d. Clear identification of the purpose
  - e. Clear identification of the objective
  - f. Clear identification of the hypothesis
- 6. Article method
  - a. Study design described and understood
  - b. Identification of sponsor(s) (relation of sponsor to drug therapy used and to study authors)
  - c. Patients eligibility (inclusion/exclusion criteria) and their appropriateness
  - d. Drug therapy accurately discussed and evaluated

- e. Listing of 1ry and 2ndry outcomes
- f. Identification of statistical methods
- g. Appropriate use of statistical methods

#### **Results (20%)**

#### 7. Article Results

- 1. Patient's baseline characteristics: how listed? Pin point important data...
- m. Drug therapy: complete or non-complete; comparison to relative guideline/literature
- n. Primary and secondary outcomes
- o. Withdrawals and dropouts are discussed
- p. Student critically evaluated results presented in the paper
- q. Impact of statistical tests on data

#### Discussion (10%)

- 8. Study discussion
  - a. Identify the authors comments
  - b. List the authors mentioned strengths and weaknesses
  - c. Identification of the authors conclusion
- 9. Student discussion
  - a. Strengths and weakness of the study clearly identified and listed during the presentation
  - b. Strengths and weakness of the study clearly summarized at the end of the presentation
  - c. How study impacts clinical practice (external validity)
  - d. Clinical recommendations is accurately made

#### II. Review of pertinent primary literature (5%)

a. Other recent clinical trial relevant to the topic were discussed

#### III. Presentation appearance, delivery and communication skills (25%)

- 1. Use of small sentences
- 2. Overall elegant and professional appearance

- 3. Appropriate use of graphs and pictures
- 4. Student did not read the presentation
- 5. Shows understanding of the article and its content
- 6. Well prepared and organized
- 7. Good vocabulary
- 8. Attracted the audience: did the audience follow the presentation?
- 9. Direct eye contact
- 10. Proper rate of speech
- 11. Appropriate voice quality, pitch of voice
- 12. Shows confidence, good posture and absence of nervousness
- 13. Smooth delivery: appropriate pauses, transition and follow of ideas

#### IV. Ability to answer questions (5%)

- 1. Answers are accurate
- 2. Answers are logically presented
- 3. Answers reflect student's understanding of material presented

**Student's Signature:** 

**Instructor's Signature:** 

**Mid-point Evaluation Form** 

Student Name: Name:							Pro	ecepto	r
Name: ID#: Hospital:							D	ate	
1 = below expectations; 2 = Meet expectations; 3	= Ex	ceed	expe	ctation	ns; 4	= ou	tstan	nding	
	Midpoint Evaluation				F	Final Evaluation			
	1	2	3	4	1		2	3	4
Appropriate utilization of SOAP format							ļ		
Appropriate evaluation of drug therapy (case assessment)									
Appropriate development of therapeutic patient care plan									
Timely submission of assignments as requested by the preceptor &/or coordinator									
Demonstrates ethical behavior									
Demonstrates Professional behavior									
Demonstrates initiative									
Participating actively in rounds									
Patient drug monitoring and intervention									
Attendance									
Willingly receives feedback, seeks to improve									
Overall evaluation/ current status									
Strengths									
Weaknesses:									
Comments and recommendations:									
This student evaluation was reviewed with the	stud	ent					_		

Page **31** of **39** 

**Student Signature** 

**Preceptor Signature** 



# **Physician Evaluation Form**

**Student** 

**Physician Name:** 

<b>Hospital:</b> 1= below expectations; 2= Meet expectations; 3= Exceed expectations	tations;	4= outs	tanding	g; NA=	not
applicable					
	1	2	3	4	NA
Participates actively in rounds					
Demonstrates collaborative spirit with the health-care team					
Cooperates with others					
Communicates effectively with patients when needed					
Reliable, dependable					
Demonstrates initiative					
Demonstrates ethical behavior and confidentiality					
Demonstrates Professional behavior					
Demonstrates pharmacologic knowledge (drug therapy, side effects, monitoring)					
Appropriate evaluation of drug therapy					
Appropriate development of therapeutic patient care plan					
Answered/searched for the questions					
Timely submission of assignments when requested					
Provided the medical team with appropriate drug-related interventions					
Showed improvement					
Attendance					
Overall evaluation/ current status					
Strength, Weaknesses, and/or Comments	l				
Physician Signature			 Date		

# LEBANESE INTERNATIONAL UNIVERSITY SCHOOL OF PHARMACY

### PHARMACY PRACTICE EXPERIENCE

# In-hospital clerkship manual

LOG IN/LOG OUT SHEET OBLIGATORY!

- THE PHARMACY INTERN MUST SIGN THIS DOCUMENT EVERY DAY HE/SHE STARTS THE CLERKSHIP AND SIGN OUT WHEN HE/SHE LEAVES THE SITE
- THI DOCUMENT IS TO BE KEPT WITH THE HOSPITAL PHARMACIST OR HIS/HER DESIGNEE AT ALL TIMES.

NAME OF STUDENT:
NAME OF PRECEPTOR:
HOSPITAL:
DATE STARTED:

DATE	LOG IN time	LOG OUT time	Rph signature

DATE	LOG IN time	LOG OUT time	Rph signature

# LEBANESE INTERNATIONAL UNIVERSITY SCHOOL OF PHARMACY LEBANESE INTERNATIONAL UNIVERSITY School of Pharmacy

# **Preceptor Lectures Schedule:**

# Cardiology, Endocrinology & Infection Summer 2022

Name of rotation	Topic	Duration	Student name	M+D	Preceptor's Name
Cardiology Disorders	HTN & Dyslipidemia Stable Ischemic Heart Disease Acute Coronary Syndrome Chronic Heart Failure Acute Decompensated Heart Failure Venous Thromboembolism The Arrhythmias	Three 2/7/2022-27/7/2022	Nada Al ramah Najwa Alnaib Omer Mohammed Sala Alhakimi Yasmeen Alkholany	6 M &3 D Case Presentation	Dr.Faiz
Name of rotation	Topic	Duration	Student name	M+D	Preceptor's Name
Endocrinology Disorders	Diabetics mellitus Renal Failure Liver Disease Thyroid disease	Three 2/7/2022-27/7/2022	Aqeel Abdulhak Areej Atef Eman Arhab Nabil Ahmed ali Althary Ezzaldeen Aldaeery	6 M &3 D Case Presentation	Dr.KHALED
Infection	Lower Respiratory Tract Infections Upper Respiratory Tract Infections Urinary Tract Infections and Prostatitis Influenza Sepsis and Septic Shock	Three 2/7/2022-27/7/2022	Jihad Saleh Al gohif Mohammed Almadani Mohammed Alshaibah Ahmed Alaghbari Ahmed Al obahi	6 M &3 D Case Presentation	Dr.Abdullah

Name of rotation	Topic	Duration	Student name	M+D	Supervisor
Cardiology Disorders	HTN & Dyslipidemia Stable Ischemic Heart Disease Acute Coronary Syndrome Chronic Heart Failure Acute Decompensated Heart Failure Venous Thromboembolism The Arrhythmias	Three 2/7/2022-23/7/2022	Nabil Ahmed ali Althary Nada Al ramah Najwa Alnaib Omer Mohammed Sala Alhakimi Yasmeen Alkholany	6 M &3 D Case Presentation	Dr.Faiz
Endocrinology Disorders	Diabetics mellitus Renal Failure Liver Disease Thyroid disease	Three 2/7/2022-23/7/2022	Ahmed Al obahi Ahmed Alaghbari Aqeel Abdulhak Areej Atef Eman Arhab	6 M &3 D Case Presentation	Dr.ZAHRAA
Infection	Lower Respiratory Tract Infections Upper Respiratory Tract Infections Urinary Tract Infections and Prostatitis Influenza Sepsis and Septic Shock	Three 2/7/2022-23/7/2022	Ezzaldeen Aldaeery Jihad Al gohif Mohammed Almadani Mohammed Alshaibah	6 M &3 D Case Presentation	Dr.Abdullah

Name of	Topic	Duration	Student name	M+D	Supervisor
rotation					
Cardiology Disorders	HTN & Dyslipidemia Stable Ischemic Heart Disease Acute Coronary Syndrome Chronic Heart Failure Acute Decompensated Heart Failure Venous Thromboembolism The Arrhythmias	Three 18/6/2022-9/7/2022	Ezzaldeen Aldaeery Hebatallah lujain Jihad Al gohif Mohammed Almadani Mohammed Alshaibah	6 M &3 D Case Presentation	Dr.Faiz
Endocrinology Disorders	Diabetics mellitus Renal Failure Liver Disease Thyroid disease	Three 18/6/2022-9/7/2022	Nabil Ahmed ali Althary Nada Al ramah Najwa Alnaib Omer Mohammed Sala Alhakimi Yasmeen Alkholany	6 M &3 D Case Presentation	Dr.Zahraa
Infection	Lower Respiratory Tract Infections Upper Respiratory Tract Infections Urinary Tract Infections and Prostatitis Influenza Sepsis and Septic Shock	Three 18/6/2022- 9/7/2022	Ahmed Al obahi Ahmed Alaghbari Aqeel Abdulhak Areej Atef Eman Arhab	6 M &3 D Case Presentation	Dr.Abdullah

## Pharmacy Practice Experience Site Evaluation Form

SITE:	Strongly Agree	Agree	N/A	Disagree	Strongly Disagree
Had adequate technology (i.e., automation, hardware, and software)					
Demonstrated ethical standards and practice					
Had appropriate space for interactions with patients and/or professionals					
Provided a comprehensive mix of patients for a varied experience					
Was conducive to experiential learning					
Had an appropriate workload for the student to get a feel of real-life experience					
Offered on site presentations*					
Had adequate space to pharmacy students					
Had reports from lab and x-ray accessible to students					
Had a support staff accepting of student's role					
Provided instructional material for patients to supplement learning (leaflets, support group information)					
Provided a stimulating learning environment					
Had guidelines followed at the different units					
Had established protocols for the prevention/management of specific conditions (i.e., bed sores, wounds, intubation, insulin scale, ATB)					
Had a library and had access to on line journals					

What are the strengths of this site?

What are the weaknesses of this site?

\*Comment about the number of presentations:

**Lebanese International University** The School of Pharmacy

**Department: Clinical Pharmacy** 

**Title of the Program: Clinical Pharmacy** 



#### **Course Specifications of Pharmacy Practice Experience I (PPEI)**

I. (	I. Course Identification and General Information:					
1	Course Title:	Pharmac	Pharmacy Practice Experience I (PPEI)			
2	Course Code & Number:	PHAR48	PHAR480			
		С.Н				
3	Credit hours:	Theory	Seminars,	Practical	Field	TOTAL
	Creat nours.		exercises		training	
				6	12 weeks	6
4	Study level/ semester at which this	Fourth Year Summer				
	course is offered:					
5	Pre –requisite (if any):	PHAR515, PHAR520, PHAR565, PHAR570,				
		PHAR615				
6	Co –requisite (if any):	PHAR650 - PHAR606				
8	<b>Program</b> (s) in which the course is	Bachelor of Clinical Pharmacy				
	offered:					
9	Language of teaching the course:	English				
10	<b>Location of teaching the course:</b>	LIU San	a'a			
11	Prepared by:	Dr Abdallah Al-Dahbali				
12	Reviewed by:	Dr Khaled Al-Akhali				
13	Date of approval:					
II	Course Description:					

#### **II.** Course Description:

Pharmacy Practice Experience Course I is the first of two practice experience courses. It introduces students to the philosophy and practice of pharmaceutical care, including patient counseling, plan creation and monitoring, patient outcome assessment, with emphasis on the role of the pharmacist as the primary manager of patient's drug therapies. In each of these two courses, students are required to actively participate in a twelve-week supervised experiential program. Students are exposed to fundamental professional practice skills, have interactions with health care professionals and patients, and become involved in the provision of pharmaceutical care.

III. Course Intended Learning Outcomes (CII	Oc).
(A) Knowledge and Understanding:	
Alignment of CILOs (Course Intended Lear	rning Outcomes) to PILOs (Program Intended Outcomes)
Knowledge and Understanding PILOs	Knowledge and Understanding CILOs
After completing this program, graduates would be able to:	After completing this course, students would be able to:
A4. Relate the biologic effects of medicinal substances to their physicochemical properties and their interactions with the living systems.	a1. Explain the therapeutic values of drugs based of their pharmacological properties.
(B) Intellectual Skills:	
Alignment of CILOs (Course Intended Learn Learning	ning Outcomes) to PILOs (Program Intended Outcomes)
Intellectual Skills PILOs	Intellectual Skills CILOs
After completing this program, graduates would be able to:	After completing this course, students would be able to:
B1. Conceptualize pharmaceutical care as the standard framework of clinical pharmacy services in various healthcare settings.	b1. Assess drug-related needs of patients with GI, respiratory, rheumatic, and neurologic disorders.
B2. Integrate patient's demographic, social, and health data to discover drug-related problems.	b2. Recognize patient-specific risk factors for aggravating and exacerbating respiratory, rheumatic, and neurologic disorders.
B3. Compare alternative therapeutic plans for each drug-related problem based on evidence of effectiveness, safety, and cost.	b3. Consider patient's insurance coverage in drug selection to manage his GI, respiratory, rheumatic, and neurologic disorders.
B4. Create a patient-specific pharmaceutical care plan to achieve definite outcome for each drug-related problem	b4. Consider including symptom resolution and risk factor management in the care plans of respiratory, rheumatic, and neurologic disorders.
(C) Professional and Practical Skills	, , , , , , , , , , , , , , , , , , , ,
	ning Outcomes) to PILOs (Program Intended Outcomes)
Professional and Practical Skills PILOs	Professional and Practical Skills CILOs
After completing this program, graduates would be able to:	After completing this course, students would be able to:
C1. Provide pharmaceutical care professionally in various pharmacy practice setting.	c1. Gather and maintain patient information to prevent, identify, and resolve drug related problems.
C2. Communicate effectively with patients and other health care professionals.	c2. Translate instructions into a drug label that is apprehended by the patient.
C3. Contribute in developing, implementing and monitoring pharmaceutical care plan.	c3. Participate in professional discussions and drug-related decisions during hospital rounds.
C4. Counsel patient on the purpose and expectations of drug therapy.	c4. Apply the counselling techniques such as "Show & Tell" and the "Three Prime Questions".

C5. Document pharmaceutical care steps in	c5. Document pharmacist workouts and follow-		
patient medical record.	ups in the patient's medical record.		
C6. Respond to drug information requests in c6. Prepare clear, referenced answers to drug-			
systematic manners. related queries raised by patients and othe			
	healthcare team members.		

<u> </u> h	ealthcare team member	ers.			
(D) Transferable (General) Skills:					
Alignment of CILOs (Course Intended Learn	ing Outcomes) to PII	Os (Program Intended			
Learning Outcomes)					
Transferable (General) Skills PILOs Transferable (General) Skills CILOs					
After completing this program, graduates	•	is course, students would			
would be able to:	be able to:				
D3. Exercise time management, critical thinking, problem solving, decision-making and team-	problem solving, d	anagement, critical thinking, ecision-making and team-			
working.	working.				
I. Alignment of CILOs to Teaching and As	ssessment Strategies	S			
(A) Alignment Course Intended Learning Ou Teaching Strategies and Assessment Strategies:	tcomes of Knowled	ge and Understanding to			
Course Intended Learning Outcomes	Teaching	Assessment Strategies			
al Evaluin the theorem systic values of days a board on	strategies -Case Discussion	- Case Discussion and			
a1. Explain the therapeutic values of drugs based on their pharmacological properties.	-Case Discussion -Group	Patient Education			
their pharmacological properties.	discussion	Rubric for the Faculty			
	-Case	Assigned Preceptor			
	Presentation	- Final Exam			
(B) Alignment Course Intended Learning Outco		<u> </u>			
and Assessment Strategies:		inis to reaching strategies			
Course Intended Learning Outcomes	Teaching	Assessment Strategies			
	strategies				
b1. Assess drug-related needs of patients with GI,	-Case Discussion	- Case Discussion and			
respiratory, rheumatic, and neurologic disorders.	-Group	Patient Education			
	discussion	Rubric for the Faculty			
	-Case	Assigned Preceptor			
	Presentation	- Final Exam			
b2. Recognize patient-specific risk factors for	-Case Discussion	- Case Discussion and			
aggravating and exacerbating respiratory,	-Group	Patient Education			
rheumatic, and neurologic disorders.	discussion	Rubric for the Faculty			
	-Case	Assigned Preceptor			
	Presentation	- Final Exam			
b3. Consider patient's insurance coverage in drug	-Case Discussion	- Case Discussion and			
selection to manage his GI, respiratory, rheumatic,	-Group	Patient Education			
and neurologic disorders.	discussion	Rubric for the Faculty			
	-Case	Assigned Preceptor			
	Presentation	- Final Exam			

Tourse Transfer Toursell Control	strategies	
Course Intended Learning Outcomes	Teaching	Assessment Strategies
Strategies and Assessment Strategies:	decomes of fransie	Table Dails to Teaching
(D) Alignment Course Intended Learning O		
	-Case Presentation	Assigned Preceptor - Final Exam
healthcare team members.	discussion	Rubric for the Faculty
related queries raised by patients and other	_	Patient Education
c6. Prepare clear, referenced answers to drug-	-Case Discussion	- Case Discussion and
	Presentation	- Final Exam
	-Case	Assigned Preceptor
	discussion	Rubric for the Faculty
in the patient's medical record.	-Group	Patient Education
c5. Document pharmacist workouts and follow-ups	-Case Discussion	- Case Discussion and
	Presentation	- Final Exam
	-Case	Assigned Preceptor
	discussion	Rubric for the Faculty
"Show & Tell" and the "Three Prime Questions".	-Group	Patient Education
c4. Apply the counselling techniques such as	-Case Discussion	- Case Discussion and
		- Final Exam
	- Case Presentation	Assigned Preceptor
	discussion	Rubric for the Faculty
related decisions during hospital rounds.	-Group	Patient Education
c3. Participate in professional discussions and drug-	-Case Discussion	- Case Discussion and
		- Final Exam
	- Case Presentation	Assigned Preceptor
	discussion	Rubric for the Faculty
apprehended by the patient.	-Group	Patient Education
c2. Translate instructions into a drug label that is	-Case Discussion	- Case Discussion and
	Presentation	- Final Exam
	-Case	Assigned Preceptor
problems.	discussion	Rubric for the Faculty
prevent, identify, and resolve drug related	1	Patient Education
c1. Gather and maintain patient information to	-Case Discussion	- Case Discussion and
	strategies	
Course Intended Learning Outcomes	Teaching	Assessment Strategies
Teaching Strategies and Assessment Strategies:		
(C) Alignment Course Intended Learning Out		
	Presentation	- Final Exam
meanane, and nearotogic disorders.	-Case	Assigned Preceptor
rheumatic, and neurologic disorders.	discussion	Rubric for the Faculty
b4. Consider including symptom resolution and risk factor management in the care plans of respiratory,	-Case Discussion -Group	Patient Education
	-Case Discussion	<ul> <li>Case Discussion and</li> </ul>

d1. Exercise time management, critical thinking,	-Case Discussion	- Case Discussion and
problem solving, decision-making and team-	-Group	Patient Education
working.	discussion	Rubric for the Faculty
	-Case	Assigned Preceptor
	Presentation	- Final Exam

#### **II.** Course Content:

#### **A – Practical Aspect:**

Order	Units/Topics List	Learning Outcomes	Sub Topics List	Number of Weeks	Contact hours
1	Module 1* Gastrointestinal &Rheumatologic Disorders	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3	<ul> <li>Peptic ulcer</li> <li>IBS</li> <li>Osteoarthritis</li> <li>Gout</li> <li>Osteoporosis</li> <li>Gastroenteritis</li> </ul>	4*	24*
2	Module 2* Respiratory Disorders &Neurologic Disorders	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3	<ul> <li>Asthma</li> <li>COPD</li> <li>Drugs induce pulmonary disease</li> <li>Epilepsy</li> <li>Parkinson disease</li> <li>Pain management</li> <li>Stroke</li> </ul>	4	24
3	Module 3 Internal medicine (IM)	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3	<ul> <li>Parkinson</li> <li>Alzheimer</li> <li>Pain management</li> <li>Hypertension</li> <li>DVT prophylaxis /treatment</li> <li>Diabetes Mellitus</li> <li>CAP /HAP</li> <li>Meningitis</li> <li>Urinary tract infection</li> <li>Dyslipidemia</li> </ul>	4	24
Numbe	r of Weeks /and U	nits Per Semester	•	14	72

<sup>\*</sup> Including 12 credit hours of hospital training, which translates to 300 working hours: Saturday to Wednesday from 8:00 to 13:00 for 24 weeks. Clinical Training Plan.

B - Pra	B - Practical Aspect: (if any)						
Order	Tasks/ Experiments	Number of Weeks	contact hours	Learning Outcomes			
1							
	Number of Weeks /and Units Per Semester						

III. Teacl	ing strategies of the course:
-	

Γ	IV. Assignments:						
No	Assignments	Aligned CILOs (symbols)	Week Due	Mark			
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

•	V. Schedule of Assessment Tasks for Students During the Semester:						
No.	Assessment Method	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes		
1	Case Discussions*	All weeks	40	40%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3		
2	PowerPoint Topic Presentation	End for each Module	10	10%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3		
3	Case Monitoring	All weeks	10%	10%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3		
4	Field Supervisor Evaluation	All weeks	10%	10%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3		
5	Final	12 & 24	30%	30%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3		

#### VI. Learning Resources:

Author, (Year), Book Title, Edition, Publisher, Country of publishing

#### 1- Required Textbook(s) (maximum two ).

- Dipiro, J. T. et al. (2021). Pharmacotherapy, A pathophysiologic approach, 12th edition. USA: McGraw Hill
- Koda-Kimble Mary Anne et al. (2018) Applied Therapeutics: the clinical use of drugs. 11th edition. Maryy land: LIPPINCOTT WILLIAMS & WILKINS,

#### 2- Essential References.

- Anderson PO, et al.(2001.) Handbook of Clinical Drug Data: McGraw-Hill Education;
- Helms RA,et al.( 2006.)Textbook of Therapeutics: Drug and Disease Management: Lippincott Williams & Wilkins.

#### 3- Electronic Materials and Web Sites etc.

- •American Pharmacist Association www.aphanet.org
- •The American Society of Health-System Pharmacists (ASHP) www.ashp.org
- •U.S. Pharmacopeia www.usp.org
- •U.S. Food and Drug Administration www.fda.gov/medwatch
- •Centers for Disease Control www.cdc.gov
- •The Clinician Ultimate Reference Guide www.globalrph.com
- •Drug interactions checker http://www.drugs.com/drug\_interactions.php
- •Web site with common prescribing information http://www.rxmed.com
- •Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (full report)

http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.htm

- •National Guideline Clearinghouse http://www.guideline.gov
- •High quality information about marketed drugs: http://dailymed.nlm.nih.gov

#### **II.** Course Policies:

#### 1 Class Attendance:

- 1. Attendance in all classes is required. There are no exceptions to this policy.
- 2. Roll will be called in the very beginning of each class. If you arrive after roll has been called, you may be marked as absent.
- 3. In any regular semester or summer term, students may miss no more than the equivalent of one third of class sessions scheduled. Students who exceed the above limits are automatically given an (AW) grade in the course by the UMS, and consequently not be allowed to attend class any longer.

#### 2 Tardy:

- 1. All students are expected to conduct themselves in a professional manner. Unprofessional behavior such as, but not limited to, repeated disruption of class (including habitually walking in after class has started), sleeping in class, doing other course work in class, reading a newspaper in class, a ringing cell phone, frequent side conversations with other students and/or rudeness toward any person will be considered a serious violation of this standard and will lower your grade accordingly. Please be sure to turn off your cell phone before the start of class.
- 2. Attention to detail entails being prepared for class. This would include, but is not limited to; having a pencil/pen, note pad, calculator; reading and following the course syllabus, etc. All students are expected to conduct themselves in a professional manner. Unprofessional behavior such as, but not limited to, repeated disruption of class (including habitually walking in after class has started), sleeping in class, doing other course work in class, reading a newspaper in class, a ringing cell phone, frequent side conversations with other students and/or rudeness toward any person will be considered a serious violation of this standard and will lower your grade accordingly. Please be sure to turn off your cell phone before the start of class.
- 3. Attention to detail entails being prepared for class. This would include, but is not limited to; having a pencil/pen, note pad, calculator; reading and following the course syllabus, etc.

#### 3 Exam Attendance/Punctuality:

As per university council decision, a student is eligible for a Quizzes, Midterm or Final examination

make-up if and only if he/she had the following incidents:

- 1. Sickness; proved by hospitalization report; that is; a discharge summary is necessary.
- 2. Death in the family proved by a death certificate or equivalent and personal identification.
- 3. Accidents proved by an expert report.
- 4. Military/Official engagement.

#### 4 | Assignments & Projects:

Homework should be **clearly** presented i.e.:

- 1. It should be written on A4 paper.
- 2. It should include a title page (Course Name, Semester, Date, Name...).
- 3. Your instructor will ask you to submit your homework online or as a hard copy. In the latter case, it should be stapled together.

#### 5 Cheating:

	<ul> <li>Cheating is strictly prohibited behavior.</li> <li>University regulations will be pursued and enforced on any cheating student.</li> </ul>				
6	Plagiarism:				
	<ul> <li>Plagiarism is defined as "copying or stealing someone else's words or ideas and claiming or presenting them as if they were your own."</li> </ul>				
	<ul> <li>University regulations will be pursued and enforced on any plagiarism attempt.</li> </ul>				
7	7 Other policies:				
	Please refer to the university policy.				

Lebanese International University
The School of Pharmacy
Department: Clinical Pharmacy

Title of the Program: Clinical Pharmacy



# **Course Specification of Pharmacy Practice Experience I (PPEI)**

I.	I Information about Faculty Member Responsible for the Course:									
N	ame of Faculty Member	Dr Abdallah Al-Dahba	ali			Office	Hours			
7	Location & Felephone No.	773800168		SAT	SUN	MON	TUE	WED	THU	
	E-mail	abdallah.dahbaly@ye.	liu.edu.lb	$\sqrt{}$	$\sqrt{}$		$\sqrt{}$	$\sqrt{}$		
II.	II. Course Identification and General Information:									
1	<b>Course Title:</b>		Pharmacy	/ Practi	се Ехр	erience I	(PPEI)			
2	<b>Course Number</b>	& Code:	Code: PHAR480							
			С.Н							
3	Credit hours:		Theory	Seminars, exercises.		Practical		d ning	Total	
						6	3	00	6	
4	4 Study level/year at which this course is offered:			Fourth Year Summer						
5	Pre -requisite (if	fany):	PHAR51	5,PHAl	R520,P	HAR565	,PHAR	570,PH	AR615	
6	Co -requisite (if	any):	PHAR650 - PHAR606							
7	Program (s) in woffered	hich the course is	Bachelor of Clinical Pharmacy							
8 Language of teaching the course:			English							
9	9 System of study: Credits 1			ours Sy	stem					
10	Mode of delivery	7:	Lectures							
11		Location of teaching the course: LIU Sana'a								
III	III. Course Description:									

Pharmacy Practice Experience Course I is the first of two practice experience courses. It introduces students to the philosophy and practice of pharmaceutical care, including patient counseling, plan creation and monitoring, patient outcome assessment, with emphasis on the role of the pharmacist as the primary manager of patient's drug therapies. In each of these two courses, students are required to actively participate in a twelve-week supervised experiential program. Students are exposed to fundamental professional practice skills, have interactions with health care professionals and patients, and become involved in the provision of pharmaceutical care.

#### IV. Intended learning outcomes (ILOs) of the course:

#### Upon successful completion of the course, students would be able to:

- 1. Explain the therapeutic values of drugs based on their pharmacological properties.
- 2. Assess drug-related needs of patients with GI, respiratory, rheumatic, and neurologic disorders.
- 3. Recognize patient-specific risk factors for aggravating and exacerbating respiratory, rheumatic, and neurologic disorders.
- 4. Consider patient's insurance coverage in drug selection to manage his GI, respiratory, rheumatic, and neurologic disorders.
- 5. Consider including symptom resolution and risk factor management in the care plans of respiratory, rheumatic, and neurologic disorders.
- 6. Gather and maintain patient information to prevent, identify, and resolve drug related problems.
- 7. Translate instructions into a drug label that is apprehended by the patient.
- 8. Participate in professional discussions and drug-related decisions during hospital rounds.
- 9. Apply the counselling techniques such as "Show & Tell" and the "Three Prime Questions".
- 10. Document pharmacist workouts and follow-ups in the patient's medical record.
- 11. Prepare clear, referenced answers to drug-related queries raised by patients and other healthcare team members.

#### V. Course Content:

#### Distribution of Semester Weekly Plan Of course Topics/Items and Activities.

#### **B** – Practical Aspect: (if any)

Order	Topics List	Week Due	Contact Hours*
1	Module 1* Gastrointestinal &Rheumatologic Disorders - Peptic ulcer - IBS - Osteoarthritis - Gout - Osteoporosis Gastroenteritis	1-4	24*
2	Module 2* Respiratory Disorders &Neurologic Disorders - Asthma - COPD - Drugs induce pulmonary disease - Epilepsy - Parkinson disease - Pain management Stroke	4-8	24
3	Module 3	8-12	24

	Internal medicine (IM)				
	- Parkinson				
	- Alzheimer				
	- Pain management				
	- Hypertension				
	<ul> <li>DVT prophylaxis /treatment</li> </ul>				
	- Diabetes Mellitus				
	- CAP/HAP				
	- Meningitis				
	- Urinary tract infection				
	Dyslipidemia				
4	Club discussion, case Presentation	13-14			
5	Final Exam	13-14			
	Number of Weeks /and Units Per Semester 14 72*				

<sup>\*</sup>Including 12 credit hours of hospital training, which translates to 300 working hours: Saturday to Wednesday from 8:00 to 13:00 for 24 weeks. Clinical Training Plan.

## VI. Teaching strategies of the course:

- Case Discussion
- Group discussion

## VII. Assignments:

No	Assignments	Week Due	Mark
1	-		

VIII. Schedule of Assessment Tasks for Students During the Semester:							
Assessment	Type of Assessment Tasks	Week Due	Mark	Proportion of Final Assessment			
1	Case Discussions*	All weeks	40	40%			
2	PowerPoint Topic Presentation	End for each Module	10	10%			
3	Case Monitoring	All weeks	10%	10%			
4	Field Supervisor Evaluation	All weeks	10%	10%			
5 Final 12 & 24 30% 30%							
IX. Learning Resources:							
Author, (Year), Book Title, Edition, Publisher, Country of publishing							

#### 1- Required Textbook(s) (maximum two ).

- 1. Dipiro, J. T. et al. (2021). Pharmacotherapy, A pathophysiologic approach, 12th edition. USA: McGraw Hill
- 2. Koda-Kimble Mary Anne et al. (2018) Applied Therapeutics: the clinical use of drugs. 11th edition. Maryy land: LIPPINCOTT WILLIAMS & WILKINS,

#### 2- Essential References.

- 1. Anderson PO, et al.(2001.) Handbook of Clinical Drug Data: McGraw-Hill Education;
- 2. Helms RA,et al.( 2006.)Textbook of Therapeutics: Drug and Disease Management: Lippincott Williams & Wilkins.

#### 3- Electronic Materials and Web Sites etc.

- •American Pharmacist Association www.aphanet.org
- •The American Society of Health-System Pharmacists (ASHP) www.ashp.org
- •U.S. Pharmacopeia www.usp.org
- •U.S. Food and Drug Administration www.fda.gov/medwatch
- •Centers for Disease Control www.cdc.gov
- •The Clinician Ultimate Reference Guide www.globalrph.com
- •Drug interactions checker http://www.drugs.com/drug\_interactions.php
- •Web site with common prescribing information http://www.rxmed.com
- •Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (full report)

http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.htm

- •National Guideline Clearinghouse http://www.guideline.gov
- •High quality information about marketed drugs: http://dailymed.nlm.nih.gov

#### **X.** Course Policies:

Unless otherwise stated, the normal course administration policies and rules of the School of Business apply.

#### 1 | Class Attendance:

- 1. Attendance in all classes is required. There are no exceptions to this policy.
- 2. Roll will be called in the very beginning of each class. If you arrive after roll has been called, you may be marked as absent.
- 3. In any regular semester or summer term, students may miss no more than the equivalent of one third of class sessions scheduled. Students who exceed the above limits are automatically given an (AW) grade in the course by the UMS, and consequently not be allowed to attend class any longer.

#### 2 | Tardy:

1. All students are expected to conduct themselves in a professional manner. Unprofessional behavior such as, but not limited to, repeated disruption of class (including habitually walking in after class has started), sleeping in class, doing other course work in class, reading a newspaper in class, a ringing cell phone, frequent side conversations with other students and/or rudeness toward any person will be considered a serious violation of this standard and will lower your grade accordingly. Please be sure to turn off your cell phone before the start of class.

- 2. Attention to detail entails being prepared for class. This would include, but is not limited to; having a pencil/pen, note pad, calculator; reading and following the course syllabus, etc. All students are expected to conduct themselves in a professional manner. Unprofessional behavior such as, but not limited to, repeated disruption of class (including habitually walking in after class has started), sleeping in class, doing other course work in class, reading a newspaper in class, a ringing cell phone, frequent side conversations with other students and/or rudeness toward any person will be considered a serious violation of this standard and will lower your grade accordingly. Please be sure to turn off your cell phone before the start of class.
- 3. Attention to detail entails being prepared for class. This would include, but is not limited to; having a pencil/pen, note pad, calculator; reading and following the course syllabus, etc.

#### 3 Exam Attendance/Punctuality:

As per university council decision, a student is eligible for a Quizzes, Midterm or Final examination

make-up if and only if he/she had the following incidents:

- 1. Sickness; proved by hospitalization report; that is; a discharge summary is necessary.
- 2. Death in the family proved by a death certificate or equivalent and personal identification.
- 3. Accidents proved by an expert report.
- 4. Military/Official engagement.

#### 4 Assignments & Projects:

Homework should be clearly presented i.e.:

- 1. It should be written on A4 paper.
- 2. It should include a title page (Course Name, Semester, Date, Name...).
- 3. Your instructor will ask you to submit your homework online or as a hard copy. In the latter case, it should be stapled together.

#### 5 Cheating:

- Cheating is strictly prohibited behavior.
- University regulations will be pursued and enforced on any cheating student.

#### 6 | Plagiarism:

- Plagiarism is defined as "copying or stealing someone else's words or ideas and claiming or presenting them as if they were your own."
- University regulations will be pursued and enforced on any plagiarism attempt.

#### 7 Other policies:

Please refer to the university policy.

Lebanese International University
The School of Pharmacy and Medical Sciences
Department: CLINICAL PHARMACY

Title of the Program: Bachelor of Clinical Pharmacy

# Course Specification of Pharmacy Practice Experience II (PPEII)



I. C	I. Course Identification and General Information:					
1	Course Title:	Pharmac	Pharmacy Practice Experience II (PPEI)			
2	Course Code & Number:	PHAR580				
			(	C.H		
3	Credit hours:	Theory	Seminars, exercises	Practical	Field training	TOTAL
				6	12 weeks	72
4	Study level/ semester at which this course is offered:	Fifth Year Summer				
5	Pre –requisite (if any):	PHAR515, PHAR520, PHAR565, PHAR570, PHAR615				
6	Co –requisite (if any):	PHAR650 - PHAR606				
8	<b>Program</b> (s) in which the course is offered:	Bachelor of Clinical Pharmacy				
9	Language of teaching the course:	English				
10	<b>Location of teaching the course:</b>	LIU Sana'a				
11	Prepared by:	Dr Abdallah Al-Dahbali				
12	Reviewed by:	Dr Khaled Al-Akhali				
13	Date of approval:					-

#### **II.** Course Description:

Pharmacy Practice Experience Course II is the second of two practice experience courses. It introduces students to the philosophy and practice of pharmaceutical care, including patient counseling, plan creation and monitoring, patient outcome assessment, with emphasis on the role of the pharmacist as the primary manager of patient's drug therapies. In each of these two courses, students are required to actively participate in a twelve-week supervised experiential program. Students are exposed to fundamental professional practice skills, have interactions with health care professionals and patients, and become involved in the provision of pharmaceutical care.

III. Course Intended Learning Outcomes (CILOs):				
(A) Knowledge and Understanding:				
Alignment of CILOs (Course Intended Learning Outcomes) to PILOs (Program Intended				
Learning Outcomes)				
Knowledge and Understanding PILOs	Knowledge and Understanding CILOs			

After completing this program, graduates would be able to:	After completing this course, students would be able to:
A4. Relate the biologic effects of medicinal substances to their physicochemical properties and their interactions with the living systems.	a1. Explain the therapeutic values of drugs based on their pharmacological properties.
(B) Intellectual Skills:	
Alignment of CILOs (Course Intended Lear	rning Outcomes) to PILOs (Program Intended
Learning	(Outcomes)
Intellectual Skills PILOs	Intellectual Skills CILOs
After completing this program, graduates would be able to:	After completing this course, students would be able to:
B1. Conceptualize pharmaceutical care as the standard framework of clinical pharmacy services in various healthcare settings.	b1. Assess drug-related needs of patients with cardiac and infectious diseases, as well as critically ill patients.
B2. Integrate patient's demographic, social, and health data to discover drug-related problems.	b2. Recognize patient-specific risk factors for aggravating and exacerbating cardiac and infectious diseases.
B3. Compare alternative therapeutic plans for each drug-related problem based on evidence of effectiveness, safety, and cost.	b3. Consider patient's insurance coverage in drug selection to manage his cardiac and infectious diseases.
B4.Create a patient-specific pharmaceutical care plan to achieve definite outcome for each drug-related problem	b4. Consider including symptom resolution and risk factor management in the care plans of patients with cardiac and infectious diseases, as well as critically ill patients.

(C) Professional and Practical Skills					
Alignment of CILOs (Course Intended Learning Outcomes) to PILOs (Program Intended Learning Outcomes)					
Professional and Practical Skills PILOs	Professional and Practical Skills CILOs				
After completing this program, graduates would be able to:	After completing this course, students would be able to:				
C1. Provide pharmaceutical care professionally in various pharmacy practice setting.	c1. Gather and maintain patient information to prevent, identify, and resolve drug related problems.				
C2. Communicate effectively with patients and other health care professionals.	c2. Translate instructions into a drug label that is apprehended by the patient.				
C3. Contribute in developing, implementing and monitoring pharmaceutical care plan.	c3. Participate in professional discussions and drug-related decisions during hospital rounds.				
C4. Counsel patient on the purpose and expectations of drug therapy.	c4. Apply the counselling techniques such as "Show & Tell" and the "Three Prime Questions".				
C5. Document pharmaceutical care steps in patient medical record.	c5. Document pharmacist workouts and follow- ups in the patient's medical record.				

C6. Respond to drug information requests in systematic manners.	c6. Prepare clear, referenced answers to drug- related queries raised by patients and other		
	healthcare team members.		
(D) Transferable (General) Skills:			
Alignment of CILOs (Course Intended Learn	ing Outcomes) to PILOs (Program Intended		
Learning (	Outcomes)		
Transferable (General) Skills PILOs	Transferable (General) Skills CILOs		
After completing this program, graduates	After completing this course, students would		
would be able to:	be able to:		
D3. Exercise time management, critical thinking,	d1. Exercise time management, critical thinking,		
problem solving, decision-making and team-	problem solving, decision-making and team-		
working.	working.		

I. Alignment of CILOs to Teaching and Assessment Strategies					
(A) Alignment Course Intended Learning O	utcomes of Knowled	ge and Understanding to			
<b>Teaching Strategies and Assessment Strategies:</b>					
Course Intended Learning Outcomes T	eaching strategies	Assessment Strategies			
a1. Explain the therapeutic values of drugs based	-Case Discussion	- Case Discussion and			
on their pharmacological properties.	-Group	Patient Education			
	discussion	Rubric for the Faculty			
	-Case	Assigned Preceptor			
	Presentation	- Final Exam			
(B) Alignment Course Intended Learning Outco	omes of Intellectual Sl	kills to Teaching Strategies			
and Assessment Strategies:					
Course Intended Learning Outcomes	Teaching	Assessment Strategies			
	strategies				
b1. Assess drug-related needs of patients with GI,	-Case Discussion	- Case Discussion and			
respiratory, rheumatic, and neurologic disorders.	-Group	Patient Education			
	discussion	Rubric for the Faculty			
	-Case	Assigned Preceptor			
	Presentation	- Final Exam			
b2. Recognize patient-specific risk factors for	-Case Discussion	- Case Discussion and			
aggravating and exacerbating respiratory,	-Group	Patient Education			
rheumatic, and neurologic disorders.	discussion	Rubric for the Faculty			
	-Case	Assigned Preceptor			
	Presentation	- Final Exam			
b3. Consider patient's insurance coverage in drug	-Case Discussion	- Case Discussion and			
selection to manage his GI, respiratory, rheumatic,	-Group	Patient Education			
and neurologic disorders.	discussion	Rubric for the Faculty			
	-Case	Assigned Preceptor			
	Presentation	- Final Exam			

b4. Consider including symptom resolution and risk factor management in the care plans of respiratory, rheumatic, and neurologic disorders.  (C) Alignment Course Intended Learning Ou	-Case Discussion -Group discussion -Case Presentation	- Case Discussion and Patient Education Rubric for the Faculty Assigned Preceptor - Final Exam
Teaching Strategies and Assessment Strategies:	teomes of Trolession	ar and Tractical Skins to
Course Intended Learning Outcomes	Teaching strategies	Assessment Strategies
c1. Gather and maintain patient information to prevent, identify, and resolve drug related problems.	-Case Discussion -Group discussion -Case Presentation	- Case Discussion and Patient Education Rubric for the Faculty Assigned Preceptor - Final Exam
c2. Translate instructions into a drug label that is apprehended by the patient.	-Case Discussion -Group discussion - Case Presentation	- Case Discussion and Patient Education Rubric for the Faculty Assigned Preceptor - Final Exam
c3. Participate in professional discussions and drug-related decisions during hospital rounds.	-Case Discussion -Group discussion - Case Presentation	<ul> <li>Case Discussion and Patient Education Rubric for the Faculty Assigned Preceptor</li> <li>Final Exam</li> </ul>
c4. Apply the counselling techniques such as "Show & Tell" and the "Three Prime Questions".	-Case Discussion -Group discussion -Case Presentation	- Case Discussion and Patient Education Rubric for the Faculty Assigned Preceptor - Final Exam
c5. Document pharmacist workouts and follow-ups in the patient's medical record.	-Case Discussion -Group discussion -Case Presentation	- Case Discussion and Patient Education Rubric for the Faculty Assigned Preceptor - Final Exam
c6. Prepare clear, referenced answers to drug- related queries raised by patients and other healthcare team members.	-Case Discussion -Group discussion -Case Presentation	- Case Discussion and Patient Education Rubric for the Faculty Assigned Preceptor - Final Exam
(D) Alignment Course Intended Learning Outco and Assessment Strategies:	mes of Transferable S	kills to Teaching Strategies
Course Intended Learning Outcomes	Teaching strategies	Assessment Strategies
d1. Exercise time management, critical thinking, problem solving, decision-making and teamworking.	-Case Discussion -Group discussion	- Case Discussion and Patient Education Rubric for the Faculty Assigned Preceptor

-Case	- Final Exam
Presentation	

## **II. Course Content:**

## A – Practical Aspect:

Order	Units/Topics	Learning	Sub Topics List	Number	Contact
Order 4	List  Module 4  Cardiac Care Units (CCU)	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3	- Cardiovascular testing - Ischemic Heart disease - Cardiopulmonary Resuscitation - Myocardial infarction - CHF - Hypovolemic shock - Acute Coronary syndromes - Cardiac arrest - Cardiomyopathy /Diastolic Heart failure - Venous thromboembolism - Peripheral artery disease	of Weeks	hours 24*
5	Module 5 Intensive Care Unit (ICU)	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3	- Fluid and electrolytes disturbances - Chronic renal failure and end stage renal disease - Acute renal failure - Upper gastrointestinal bleeding - Lower gastrointestinal bleeding - Respiratory failure/ARDS and	5	30

			mechanical ventilation  Diabetes ketoacidosis  Stroke  Parenteral Nutrition  Liver cirrhosis's  Hospital acquired pneumonia  Jaundice  Multiple organ dysfunction syndromes  Septic Shock		
6	Module 6 Infectious Diseases	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3	<ul> <li>Central Nervous         System         Infections</li> <li>Lower         Respiratory         Tract Infections</li> <li>Upper         Respiratory         Tract Infections</li> <li>Skin and Soft         Tissue         Infections</li> <li>Infections</li> <li>Infective         Endocarditis</li> <li>Gastrointestinal         Infections</li> <li>Sepsis</li> <li>Urinary Tract         Infections and         Prostatitis</li> <li>Bone and Joints         Infections</li> <li>Febrile         Neutropenia</li> </ul>	3	18
Numbe	r of Weeks /and U	Units Per Semester		14	72

<sup>\*</sup> Including 12 credit hours of hospital training, which translates to 300 working hours: Saturday to Wednesday from 8:00 to 13:00 for 12 weeks. Clinical Training Plan.

#### III. Teaching strategies of the course:

- -Case Discussion
- -Group discussion
- -Case Presentation

#### **IV.** Assignments:

No	Assignments	Aligned CILOs (symbols)	Week Due	Mar k
1				

#### V. Schedule of Assessment Tasks for Students During the Semester:

No.	Assessment Method	Week Due	Mark	Proportion of Final Assessment	Aligned Course Learning Outcomes
1	Case Discussions*	All weeks	40	40%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3
2	PowerPoint Topic Presentation	End for each Module	10	10%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3
3	Case Monitoring	All weeks	10%	10%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3
4	Field Supervisor Evaluation	All weeks	10%	10%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3
5	Final	12 & 24	30%	30%	a1,b2,b3,b4, c1,c2,c3,c4,c5,c6,d3

## VI. Learning Resources:

Author, (Year), Book Title, Edition, Publisher, Country of publishing

#### 1- Required Textbook(s) (maximum two).

- Dipiro, J. T. et al. (2021). Pharmacotherapy, A pathophysiologic approach, 12th edition. USA: McGraw Hill
- Koda-Kimble Mary Anne et al. (2018) Applied Therapeutics: the clinical use of drugs. 11th edition. Maryy land: LIPPINCOTT WILLIAMS & WILKINS,

#### 2- Essential References.

- Anderson PO, et al.(2001.) Handbook of Clinical Drug Data: McGraw-Hill Education;
- Helms RA,et al.(2006.)Textbook of Therapeutics: Drug and Disease Management: Lippincott Williams & Wilkins.

#### 3- Electronic Materials and Web Sites etc.

- •American Pharmacist Association www.aphanet.org
- •The American Society of Health-System Pharmacists (ASHP) www.ashp.org
- •U.S. Pharmacopeia www.usp.org
- •U.S. Food and Drug Administration www.fda.gov/medwatch
- •Centers for Disease Control www.cdc.gov
- •The Clinician Ultimate Reference Guide www.globalrph.com
- •Drug interactions checker http://www.drugs.com/drug\_interactions.php

- •Web site with common prescribing information http://www.rxmed.com
- •Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (full report)

http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.htm

- •National Guideline Clearinghouse http://www.guideline.gov
- •High quality information about marketed drugs: http://dailymed.nlm.nih.gov

#### **II.** Course Policies:

#### 1 | Class Attendance:

- 1. Attendance in all classes is required. There are no exceptions to this policy.
- 2. Roll will be called in the very beginning of each class. If you arrive after roll has been called, you may be marked as absent.
- 3. In any regular semester or summer term, students may miss no more than the equivalent of one third of class sessions scheduled. Students who exceed the above limits are automatically given an (AW) grade in the course by the UMS, and consequently not be allowed to attend class any longer.

#### 2 Tardy:

- 1. All students are expected to conduct themselves in a professional manner. Unprofessional behavior such as, but not limited to, repeated disruption of class (including habitually walking in after class has started), sleeping in class, doing other course work in class, reading a newspaper in class, a ringing cell phone, frequent side conversations with other students and/or rudeness toward any person will be considered a serious violation of this standard and will lower your grade accordingly. Please be sure to turn off your cell phone before the start of class.
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- 3. Attention to detail entails being prepared for class. This would include, but is not limited to; having a pencil/pen, note pad, calculator; reading and following the course syllabus, etc.

#### 3 Exam Attendance/Punctuality:

As per university council decision, a student is eligible for a Quizzes, Midterm or Final examination

make-up if and only if he/she had the following incidents:

- 1. Sickness; proved by hospitalization report; that is; a discharge summary is necessary.
- 2. Death in the family proved by a death certificate or equivalent and personal identification.
- 3. Accidents proved by an expert report.
- 4. Military/Official engagement.

#### 4 Assignments & Projects:

#### Homework should be **clearly** presented i.e.:

- 1. It should be written on A4 paper.
- 2. It should include a title page (Course Name, Semester, Date, Name...).
- 3. Your instructor will ask you to submit your homework online or as a hard copy. In the latter case, it should be stapled together.

#### 5 Cheating:

- Cheating is strictly prohibited behavior.
- University regulations will be pursued and enforced on any cheating student.

#### 6 Plagiarism:

- Plagiarism is defined as "copying or stealing someone else's words or ideas and claiming or presenting them as if they were your own."
- University regulations will be pursued and enforced on any plagiarism attempt.

#### 7 Other policies:

Please refer to the university policy.

Lebanese International University
The School of Pharmacy and Medical Sciences
Department: CLINICAL PHARMACY

**Title of the Program: Bachelor of Clinical Pharmacy** 



# Course Specification of Pharmacy Practice Experience II (PPEII)

I.	I Information about Faculty Member Responsible for the Course:								
N	ame of Faculty Member	Dr Abdallah Al-Dahba	ali			Office	Hours		
7	Location & 773800168			SAT	SUN	MON	TUE	WED	THU
	E-mail	abdallah.dahbaly@ye.	liu.edu.lb	$\sqrt{}$	$\sqrt{}$		$\sqrt{}$	V	
II. Course Identification and General Information:									
1 Course Title: Pharmacy Practice Experience I (PPEI)									
2	Course Number	& Code:	PHAR480						
				С.Н					
3	3 Credit hours:		Theory	Semin exerci		Practical		d ning	Total
						6	3	00	72
4	Study level/year is offered:	at which this course	Fifth Yea	ar Sui	mmer				
5	Pre -requisite (if	fany):	PHAR51	5,PHAl	R520,P	HAR565	,PHAR	570,PH	AR615
6	Co -requisite (if	any):	PHAR65	50 - PH	AR606				
7	Program (s) in wo	which the course is	Bachelor of Clinical Pharmacy						
8	Language of tead	ching the course:	English						
9	System of study:		Credits Hours System						
10	Mode of delivery	7:	Lectures						
11	Location of teacl	ning the course:	LIU Sana	'a					
III	. Course Descri	ption:							

Pharmacy Practice Experience Course II is the second of two practice experience courses. It introduces students to the philosophy and practice of pharmaceutical care, including patient counseling, plan creation and monitoring, patient outcome assessment, with emphasis on the role of the pharmacist as the primary manager of patient's drug therapies. In each of these two courses, students are required to actively participate in a twelve-week supervised experiential program. Students are exposed to fundamental professional practice skills, have interactions with health care professionals and patients, and become involved in the provision of pharmaceutical care.

#### IV. Intended learning outcomes (ILOs) of the course:

#### Upon successful completion of the course, students would be able to:

- 1. Explain the therapeutic values of drugs based on their pharmacological properties.
- 2. Assess drug-related needs of patients with GI, respiratory, rheumatic, and neurologic disorders.
- 3. Recognize patient-specific risk factors for aggravating and exacerbating respiratory, rheumatic, and neurologic disorders.
- 4. Consider patient's insurance coverage in drug selection to manage his GI, respiratory, rheumatic, and neurologic disorders.
- 5. Consider including symptom resolution and risk factor management in the care plans of respiratory, rheumatic, and neurologic disorders.
- 6. Gather and maintain patient information to prevent, identify, and resolve drug related problems.
- 7. Translate instructions into a drug label that is apprehended by the patient.
- 8. Participate in professional discussions and drug-related decisions during hospital rounds.
- 9. Apply the counselling techniques such as "Show & Tell" and the "Three Prime Questions".
- 10. Document pharmacist workouts and follow-ups in the patient's medical record.
- 11. Prepare clear, referenced answers to drug-related queries raised by patients and other healthcare team members.

#### V. Course Content:

#### Distribution of Semester Weekly Plan Of course Topics/Items and Activities.

#### **B** – Practical Aspect: (if any)

Order	Topics List	Week Due	Contact Hours*
1	Module 4 Cardiac Care Units (CCU)  - Cardiovascular testing - Ischemic Heart disease - Cardiopulmonary Resuscitation - Myocardial infarction - CHF - Hypovolemic shock - Acute Coronary syndromes - Cardiac arrest - Cardiomyopathy /Diastolic Heart failure - Venous thromboembolism - Peripheral artery disease	1-4	24*
2	Module 5 Intensive Care Unit (ICU) - Fluid and electrolytes disturbances - Chronic renal failure and end stage renal disease	4-8	24

	<ul> <li>Acute renal failure</li> <li>Upper gastrointestinal bleeding</li> <li>Lower gastrointestinal bleeding</li> </ul>		
	- Respiratory failure/ARDS and mechanical ventilation		
	- Diabetes ketoacidosis		
	- Stroke		
	<ul><li>Parenteral Nutrition</li><li>Liver cirrhosis's</li></ul>		
	- Hospital acquired pneumonia		
	- Jaundice		
	- Multiple organ dysfunction syndromes		
	- Septic Shock		
	Module 6		
	Infectious Diseases		
	- Central Nervous System Infections		
	- Lower Respiratory Tract Infections		
	<ul><li>Upper Respiratory Tract Infections</li><li>Skin and Soft Tissue Infections</li></ul>		
3	- Infective Endocarditis	8-12	24
	- Gastrointestinal Infections		
	- Sepsis		
	- Urinary Tract Infections and Prostatitis		
	- Bone and Joints Infections		
	Febrile Neutropenia		
4	Club discussion, case Presentation	13-14	
5	5 Final Exam		
	Number of Weeks /and Units Per Semester	14	72*

<sup>\*</sup>Including 12 credit hours of hospital training, which translates to 300 working hours: Saturday to Wednesday from 8:00 to 13:00 for 24 weeks. Clinical Training Plan.

## VI. Teaching strategies of the course:

- Case Discussion
- Group discussion

## VII. Schedule of Assessment Tasks for Students During the Semester:

Assessment	Type of Assessment Tasks	Week Due	Mark	Proportion of Final Assessment
1	Case Discussions*	All weeks	40	40%
2	PowerPoint Topic Presentation	End for each Module	10	10%

	3	Case Monitoring	All weeks	10%	10%
	4	Field Supervisor Evaluation	All weeks	10%	10%
Ī	5	Final	12 & 24	30%	30%

#### **VIII. Learning Resources:**

Author, (Year), Book Title, Edition, Publisher, Country of publishing

#### 1- Required Textbook(s) (maximum two ).

- 1. Dipiro, J. T. et al. (2021). Pharmacotherapy, A pathophysiologic approach, 12th edition. USA: McGraw Hill
- 2. Koda-Kimble Mary Anne et al. (2018) Applied Therapeutics: the clinical use of drugs. 11th edition. Maryy land: LIPPINCOTT WILLIAMS & WILKINS,

#### 2- Essential References.

- 1. Anderson PO, et al.(2001.) Handbook of Clinical Drug Data: McGraw-Hill Education:
- 2. Helms RA,et al.( 2006.)Textbook of Therapeutics: Drug and Disease Management: Lippincott Williams & Wilkins.

#### 3- Electronic Materials and Web Sites etc.

- •American Pharmacist Association www.aphanet.org
- •The American Society of Health-System Pharmacists (ASHP) www.ashp.org
- •U.S. Pharmacopeia www.usp.org
- •U.S. Food and Drug Administration www.fda.gov/medwatch
- •Centers for Disease Control www.cdc.gov
- •The Clinician Ultimate Reference Guide www.globalrph.com
- •Drug interactions checker http://www.drugs.com/drug\_interactions.php
- •Web site with common prescribing information http://www.rxmed.com
- •Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and

Treatment of High Blood Pressure (full report)

http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.htm

- •National Guideline Clearinghouse http://www.guideline.gov
- •High quality information about marketed drugs: http://dailymed.nlm.nih.gov

#### IX. Course Policies:

Unless otherwise stated, the normal course administration policies and rules of the School of Business apply.

#### 1 | Class Attendance:

- 1. Attendance in all classes is required. There are no exceptions to this policy.
- 2. Roll will be called in the very beginning of each class. If you arrive after roll has been called, you may be marked as absent.
- 3. In any regular semester or summer term, students may miss no more than the equivalent of one third of class sessions scheduled. Students who exceed the above limits are automatically given an (AW) grade in the course by the UMS, and consequently not be allowed to attend class any longer.

#### 2 | Tardy:

- 1. All students are expected to conduct themselves in a professional manner. Unprofessional behavior such as, but not limited to, repeated disruption of class (including habitually walking in after class has started), sleeping in class, doing other course work in class, reading a newspaper in class, a ringing cell phone, frequent side conversations with other students and/or rudeness toward any person will be considered a serious violation of this standard and will lower your grade accordingly. Please be sure to turn off your cell phone before the start of class.
- 2. Attention to detail entails being prepared for class. This would include, but is not limited to; having a pencil/pen, note pad, calculator; reading and following the course syllabus, etc. All students are expected to conduct themselves in a professional manner. Unprofessional behavior such as, but not limited to, repeated disruption of class (including habitually walking in after class has started), sleeping in class, doing other course work in class, reading a newspaper in class, a ringing cell phone, frequent side conversations with other students and/or rudeness toward any person will be considered a serious violation of this standard and will lower your grade accordingly. Please be sure to turn off your cell phone before the start of class.
- 3. Attention to detail entails being prepared for class. This would include, but is not limited to; having a pencil/pen, note pad, calculator; reading and following the course syllabus, etc.

#### 3 Exam Attendance/Punctuality:

As per university council decision, a student is eligible for a Quizzes, Midterm or Final examination

make-up if and only if he/she had the following incidents:

- 1. Sickness; proved by hospitalization report; that is; a discharge summary is necessary.
- 2. Death in the family proved by a death certificate or equivalent and personal identification.
- 3. Accidents proved by an expert report.
- 4. Military/Official engagement.

#### 4 Assignments & Projects:

Homework should be clearly presented i.e.:

- 1. It should be written on A4 paper.
- 2. It should include a title page (Course Name, Semester, Date, Name...).
- 3. Your instructor will ask you to submit your homework online or as a hard copy. In the latter case, it should be stapled together.

#### 5 | Cheating:

- Cheating is strictly prohibited behavior.
- University regulations will be pursued and enforced on any cheating student.

#### 6 | Plagiarism:

- Plagiarism is defined as "copying or stealing someone else's words or ideas and claiming or presenting them as if they were your own."
- University regulations will be pursued and enforced on any plagiarism attempt.

#### 7 Other policies:

Please refer to the university policy.





# LEBANESE INTERNATIONAL UNIVERSITY

School of Pharmacy دلیل التدریب المیدانی للصیدلیات لطلاب البکالوریوس صیدله سریریه

Community Pharmacy PHAR685

Student Manual دليل الطلاب في التدريب SUMMER 2022





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**COURSE TITLE: COMMUNITY** 

PHARMACY)

**COURSE CODE: PHAR685** 

**CREDITS: 3** 

## **COURSE SYLLABUS**

## **Course Description**

This course is a structured introductory practice experience in community pharmacy. It exposes first professional year pharmacy students to aspects of entry-level pharmaceutical practice and pharmacy management in a community setting. The COMMUNITY PHARMACY is a twelve-week experiential program that aims to complement the basic pharmaceutical knowledge and communication skills learned in the didactic portion of the pharmacy curriculum.

Over years, the profession of pharmacy has changed from a focus on drug dispensing to the provision of a patient-centered care. During COMMUNITY PHARMACY the broad exposure to many pharmacy activities and practice settings, the interaction with diverse patient populations, and the opportunities to collaborate with other health care professionals, along with significant personal study, pave the way for the initial transition of the student to a practitioner. The student serves under the close supervision of both preceptors and pharmacists. The preceptors in charge will show the students how to apply knowledge learned in the classroom to daily practice, will assess the students' progress, and will contribute to the students' overall evaluation. Students enrolled in COMMUNITY PHARMACY obtain, early in their career, basic skills in pharmacy practice, in preparation for more advanced practice concepts addressed in the Fifth professional year pharmacy practice.

## **Learning Outcomes:**

After the successful completion of COMMUNITY PHARMACY and with the pharmacists and preceptors, the students assistance of should be able discuss/demonstrate/describe the following outcomes:

### 1. Discover the integral role of the pharmacist in the health care team

- ➤ Discuss pharmacy career options and challenges
- Discuss the pharmacist's role in drug therapy management

### 2. Discuss system management in the operation of community pharmacy

- ➤ Define and describe technical and physical work like inventories, methods of purchasing, ordering, receiving, storage, disposal, organization and display of drugs and merchandise
- Explore the expanding role of technology and informatics in the practice of pharmacy and patient care
- > Discuss third party issues
- > Describe the impact of regulatory agencies like the Yemen Ministry of Public Health and the Order of Pharmacists of Yemen
- > Discuss legal aspects for purchasing and dispensing of controlled substances

#### 3. Demonstrate effective communication skills

- Conduct a patient interview and collect relevant information to create a patient medication history/profile
- ➤ Demonstrate appropriate oral communication skills with patients
- > Observe effective communication with all members of the healthcare team (physicians, nurses, etc), as well as with preceptors
- > Observe appropriate counseling of a patient about basic drug-related information (name of drug, indication, directions, duration of treatment, potential adverse effects, appropriate storage, missed dose) as given by the pharmacist
- Appropriately counsel a patient about para-pharmaceutical products, devices, and diagnostics

### 4. Identify the most frequently used nonprescription drugs in the management of simple ailments like cough, common colds, sore throat, pain and fever

- Display good listening skills to identify patient problems
- Demonstrate the ability to do a differential diagnosis, ask appropriate questions, and respond with accurate information regarding the above
- Discuss the indications, side effects, and dosing information of such products

- ➤ Demonstrate knowledge of brand or generic names of drugs and their appearance, shape, color, markings, manufacturer, dosage form(s), routes of administration, strength(s) and counseling tips
- Discuss OTC pharmacotherapy decisions on product selection guidelines with preceptor
- ➤ Know some of the important herbal products and nutritional supplements available in the Yemeni market and discuss their indications and appropriate directions of use and counseling tips
- 5. Display, at all times, an ethical approach to patient-centered care by developing professionalism, confidentiality, responsibility, problem-solving skills, and a positive social interaction

## **COMMUNITY PHARMACY GUIDELINES**

- 1. COMMUNITY PHARMACY is a twelve-week rotation, with the start date being <u>Tuesday</u>, <u>July1<sup>st</sup></u>, <u>2022</u>, and the end date being <u>Friday</u>, <u>September 19<sup>th</sup></u>, <u>2022</u>.
- 2. The daily rotation hours are six, either from 08:00 to 14:00, 09:00 to 15:00 or from 10:00 to 16:00, or from 11:00 to 17:00, from Saturday through Wednesday. Students who are employed in a pharmacy during an afternoon shift should start their shift maximally by 12:00. Accordingly, their rotation hours should end at 18:00, regardless of the working hours. In case of any exceptions, they should be discussed with the coordinator and the corresponding preceptor.
- 3. The major goal of the rotation is to expose the student to the essential operational elements routinely performed in the community setting. Since many of these tasks are performed regularly by pharmacists and technicians, it would be appropriate for the student to spend enough time with these individuals.
- 6. The required activities of COMMUNITY PHARMACY are subdivided into <u>3</u> modules, each presented with the primary goals of knowledge and basic questions. The requirements of each module should be comprehensively fulfilled and studied during <u>Two weeks</u>.
- **7.** There will be 2 workshops, a midterm, and a final exam during the COMMUNITY PHARMACY rotation.
- 8. The passing grade in COMMUNITY PHARMACY is C.

## **STUDENT ATTENDANCE**

- 1. Students are expected to be present on their respective sites on all assigned practice days, and to attend any scheduled meetings/exams on campus.
- 2. Preceptors reserve the right to visit the student on site or call him/her on the site's landline at any time during practice hours.
- 3. Punctuality is a must, and <u>tardiness</u> in presenting to site or any <u>unexcused absences</u> are not tolerated, and will accordingly lower the student's evaluation.
  - a. The only acceptable reasons for absence are:
    - i. Personal hospitalization (proved by a hospital discharge summary)
    - ii. Family emergency (proved by legitimate documents)
  - b. In case of absence, the preceptor should be notified as soon as possible and a <u>makeup day</u> is set on Saturday of the same week.
  - c. A failure to abide by the above rules will automatically result in the following warning letter procedure:
    - First warning letter → This is an oral warning whereby the student will be informed that if his/her misconduct is repeated, then he/she will receive a 2<sup>nd</sup> warning letter
    - Second warning letter → The student will lose half of the grades for the oral recitation of the module at which he/she is rotating in (For COMMUNITY PHARMACY and PPE 2 → lose 4%)
    - Third warning letter or more → The student will lose all the grades for the oral recitation of the module at which he is rotating in (For COMMUNITY PHARMACY and PPE 2 → lose 7.5%)
    - In case the student received the second and third warning letters during the same module, then he will receive a zero on the oral recitation.
- 4. A daily Log In/Log Out sheet (attached at the end of this manual) should be filled by the student on daily basis, and should be signed and stamped by the pharmacist at the end of the rotation.

## STUDENT RESPONSIBILITIES

- 1. Each student participating in COMMUNITY PHARMACY is expected to behave in a manner consistent with that of other members at the designated pharmacy practice site, regarding all policies and procedures.
- 2. Standard dress code and neat appearance is expected from all COMMUNITY PHARMACY students .A white laboratory coat with a name tag is mandatory and it ensures a professional image of both the student and LIU.
- 3. Since the primary objective of the rotation is learning, the student needs to be active, not passive. He/she should actively participate in a professional manner relative to the rotation objectives.
- 4. Information obtained through experiential education activities must be considered private and confidential. Such information must not be circulated or discussed outside the pharmacy setting. This includes all patient data, pharmacy records, pricing systems, trading policies, etc... The only allowed discussion about such information should involve the pharmacist, concerned pharmacy staff, or the preceptor.
- 5. Students should never abuse facilities at the practice site like parking or telephone.
- 6. Students must not enter in direct conflicts with the pharmacist, pharmacy staff(s) and/or pharmacy patients. Any problem or misunderstanding should be reported and discussed with the preceptor.
- 7. Students must communicate with the preceptors through phone, email, or SMS to resolve any conflicts related to PPE I.
- 8. Students should not call or sms a preceptor before 8:00 AM of a given working day. Moreover, students should write their names in an sms to identify themselves.
- 9. The completion of practice documents of the Yemen Order of Pharmacists at the beginning and the end of COMMUNITY PHARMACY is the sole responsibility of the student. They should ask the pharmacist to declare their stage period on the OPL website based upon the rules and regulations that have been set forth by the order.

## **COURSE OUTLINE**

COMMUNITY PHARMACY rotation involves 4 modules, 3 weeks each, as shown below:

Module number	Topic
1	Medical devices
	Baby products
	Contraceptive methods
	Para-pharmaceuticals & tests
2	Pharmacy management
	Herbal products
	Nutritional supplements
3	Dermatology and Cosmetology
43	OTC products (cough, cold, sore throat, ORS, analgesics, and antipyretics)
	Allergic Rhinitis

## WORKSHOPS, GRADING DISTRIBUTION, AND EXAM DATES

Name	Weight (%)
Oral exam	30
Assignment	15
Oral discussion	30
Presentation	25

## Module 1

## MODULE 1: MEDICAL DEVICES, BABY PRODUCTS, CONTRACEPTIVE METHODS, PARAPHARMACEUTICALS AND TESTS

### **Topic 1: Medical Devices**

### **Learning Outcomes:**

### At the end of this topic, studentsmust know the following information about:

### A. Pregnancy tests:

- 1. Learn the mechanism of action of pregnancy tests
- 2. Identify the different types and methods of pregnancy tests kits
- 3. Differentiate between available tests, their use, their sensitivity and accuracy in screening
- 4. Counsel patients on instructions of use and interpretation of results
- 5. Be familiar with different brands available at the Yemeni market

#### **B.** Ovulation Tests:

- 1. Identify the mechanism of action of ovulation tests
- 2. Counsel and educate patients on instructions of use and interpretation of results
- 3. Evaluate the criteria if a particular test would be appropriate for screening purposes & the factors that affect the accuracy of the test
- 4. Be familiar with different brands available at the Yemeni market

#### C. Blood Pressure Measurement Devices:

- 1. Learn the JNC 8 recommendations
- 2. Identify the different types of blood pressure measurement devices
- 3. Learn counseling and educational methods prior to BP measurement
- 4. Learn how to measure BP using different devices
- 5. Evaluate the criteria if a particular devicewould be appropriate for measurement purposes & the factors that affect the accuracy of that device

6. Be familiar with different brands available at the Yemeni market

### **D.** Blood Glucose Measurement Devices:

- 1. Learn ADA and AACE blood glucose levels recommendations
- 2. Identify the different types of blood glucose measurement devices
- 3. Learn appropriate instructions of use, interpretation of results and counseling techniques
- 4. Evaluate the criteria of a particular device: appropriateness and accuracy
- 5. Be familiar with different brands available at the Yemeni market

### E. Blood Cholesterol & Triglyceride Measurement Devices:

- 1. Acquire basic knowledge about the new guideline for dyslipidemia
- 2. Identify the different types of blood Cholesterol/Triglyceride measurement devices
- 3. Learn the appropriate instructions of use, interpretation of results and counseling techniques
- 4. Evaluate the criteria of a particular device: appropriateness and accuracy
- 5. Be familiar with different brands available at the Yemen market

### F. Temperature Measurement:

- 1. Identify the different types of Temperature measurement devices
- 2. Collect information about patient education for the Temperature measurement devices
- 3. Evaluate the criteria if a particular devicewould be appropriate for measurement purposes& the factors that affect the accuracy of that device
- 4. Be familiar with different brands available at the Yemen market

## <u>A. Pr</u>

Pr	egnancy Tests
1.	What is h-CG and what is the mechanism of action of pregnancy tests?
2.	What are the different types of pregnancy tests?
	a. Urine vs. blood
	b. Qualitative vs. quantitative

3. What are the different types or methods of home use test kits?

4. Please give four brand names available at your pharmacy and fill in the table below:

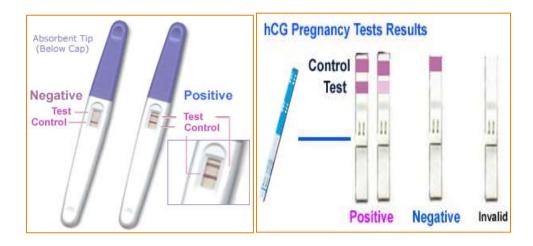
Brand name	Clearblue PALERMANET IIIT		
Type of test			
Type of kit			
Manufacturer			
Accuracy			
Price			

5. Give the instructions on use of each of the above pregnancy tests.

6. When is the test indicated and how are the results interpreted?

7. What is the percentage of error of a pregnancy test?

- 8. What are the factors that may interfere with pregnancy test results?
  - a. False positive
  - b. False negative



<u>B.</u>	Ovulation Tests
1.	What is the mechanism of action of ovulation tests?
2.	Please identify the corresponding words to the following abbreviations and give a brief explanation of their role and fluctuations in the female menstrual cycle.
	a. LH:
	b. FSH:
	c. GnRH:

3. What are different diagnostic tests available to predict ovulation? Please name at least four and explain briefly.

4. Please give three brand names for ovulation kits available at your pharmacy and fill in the table below:

Brand name	Clearblue mand medicates and the state of th	
Type of test		
Type of kit		
Manufacturer		
Accuracy		
Price		

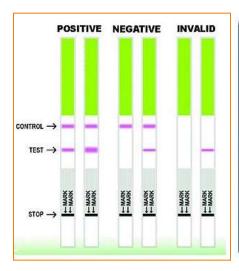
5. Give the instructions on use of 2 different ovulation tests, by filling in the table below andidentifying when to start testing, the proper time of the day, and the interpretation of the results.

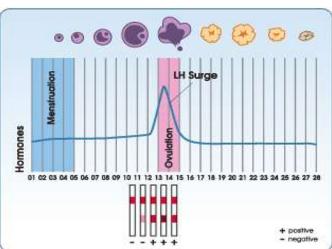
<b>Test Examples</b>	
When to start testing	
Proper time of the day	

Interpretation of the results	e	
results		

6. Indicate the percentage of error of an ovulation test.

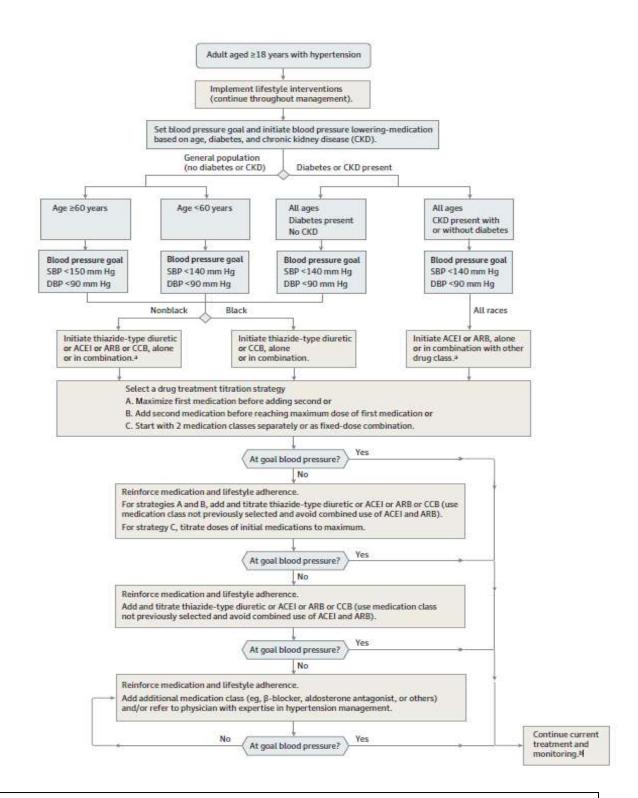
7. What are the factors that may interfere with ovulation tests results?





## C. Blood Pressure Measurement

**About Blood pressure:** Find below the updated 2014 hypertension management algorithm.



SBP indicates systolic blood pressure; DBP, diastolic blood pressure; ACEI, angiotensin-converting enzyme; ARB, angiotensin receptor blocker; and CCB, calcium channel blocker; CKD, chronic kidney disease

a. Based on the above algorithm, indicate the blood pressure goal for different patient characteristics.

υ.	what are the symptoms of hypertension and hypotension:
c.	What are non-pharmacological treatment measures that can be used in the
	management of hypertension?

d. What is white coat hypertension?

II. **Blood pressure monitors:** 

- 1. What are the types of blood pressure monitors?
- 2. Please fill in the table below according to devices available at your pharmacy:

Brand name	ALPK2®		Omron Mx 3 Plus	
Type of device				Manual, Mercury
Place of cuff measurement		Wrist monitor R6		
Manufacturer				
Accuracy				
Price				





3. Compare the instructions of use of ALPK2 $^{\circledR}$  and Wrist blood pressure monitor R6:

ALPK2®	Wrist blood pressure monitor R6

5. Interpretation of the r	results:
----------------------------	----------

a.	What	are	the	sounds	heard	using	the	sphygmomanometer	and
	stethos	scope	?						

- b. What are the upper and lower values recorded on the electronic device?
- 6. What are patient counseling techniques and requirements to increase accuracy of BP measurement?
  - a. What should you counselthe patient before BP measurement?
  - b. What are some techniques to increase accuracy?
  - c. What are the optimal BP monitoring intervals, time and schedule?
- 7. What is ambulatory blood pressure monitoring?

8. What factors can influence blood pressure measurement variability?

## D. Self Monitoring of Blood Glucose

- I. About blood glucose:
- 1. What is the normal fasting blood glucose?
- 2. What are the signs and symptoms of hyper or hypoglycemia?

Hypoglycemia	Hyperglycemia

3. What is glycosylated hemoglobin? What is the normal cut-off value?

### II. <u>Diabetes monitoring tests:</u>

- 1. Give three brand names available at your pharmacy and fill in the following table:
- 2. Please compare the below two devices:

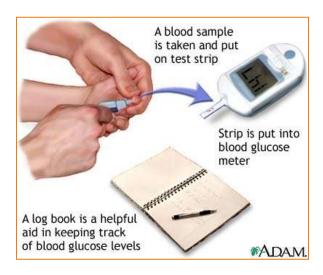
_

	Accu Check®	One Touch ®
Type of test		
<b>Components</b> of		
device		
Adventages		
Advantages		
Disadvantages		
	Ex: Accu Check Performa®	
systems		

3. A 40 year old male presents to the pharmacy for a regular blood glucose monitoring. The glucometer used in the pharmacy is AccuCheck Performa®. Give a detailed instruction of use.

- 4. The patient has the same machine at home. He presents one day complaining that his machine indicates "code error" on the screen. What is the reason behind this and how do you solve it?

  Explain Monitor Calibration Requirements.
- 5. Please compare the following lancets devices: Softclix and multiclix:
- 6. What are other recently approved blood glucose monitoring devices?
- 7. What factors can affect glucose meter performance?
- 8. How do you compare your home test glucose values with the laboratory values?

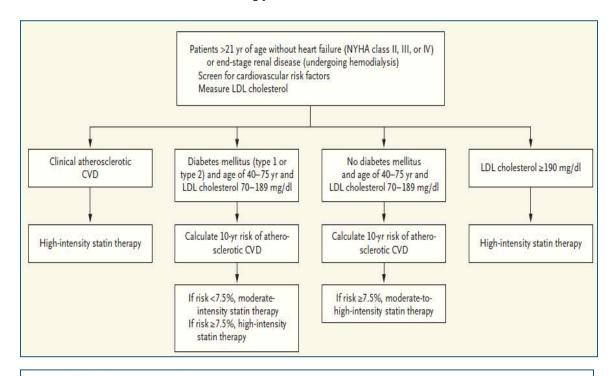


## E. Cholesterol /Triglyceride testing

### I. About lipids:

Briefly differentiate and define "Good" and "Bad" Cholesterol.

# Find below the 2013 American College of Cardiology–American Heart Association Guidelines for Use of Statin Therapy in Patients at Increased Cardiovascular Risk



#### High-intensity statin therapy

Daily dose lowers LDL cholesterol level by approximately ≥50% on average Recommended: atorvastatin, 40 to 80 mg; rosuvastatin, 20 to 40 mg

#### Moderate-intensity statin therapy

Daily dose lowers LDL cholesterol level by approximately 30 to <50% on average

Recommended: atorvastatin, 10 to 20 mg; rosuvastatin, 5 to 10 mg; simvastatin, 20 to 40 mg; pravastatin, 40 to 80 mg; lovastatin, 40 mg; extended-release fluvastatin, 80 mg; fluvastatin, 40 mg twice a day; pitavastatin, 2 to 4 mg

#### II. **About Lipid Meters:**

1. Give two brand names available at your pharmacy and fill in the following

Brand	
Manufacturer	
wianuiactui Ci	
Cost	
Type of test	
Components	



2. Give the instructions on the use of **ONE** of the above devices.

- 3. How often do you need to test cholesterol and triglycerides?
- 4. What are the calibration requirements?

5. What factors may temporarily alter the results?

## F. Temperature Measurement

2. What are the different routes used to determine the body temperature? Indicate the equivalent body temperature using these different sites.  3. What are the types of thermometers?  4. Give the advantages and disadvantages of the different types of thermometers?  5. What is the mechanism of action of the previously mentioned types?  6. Which type of thermometer and which route is the most accurate?  7. Give three brand names available at your pharmacy and fill in the following table:  Brand name  Type of test  Route  Manufacturer  Accuracy  Price	1.	What	is the no	rmal hu	ıman b	ody ten	nperat	ure?			
4. Give the advantages and disadvantages of the different types of thermometers?  5. What is the mechanism of action of the previously mentioned types?  6. Which type of thermometer and which route is the most accurate?  7. Give three brand names available at your pharmacy and fill in the following table:  Brand name  Type of test  Route  Manufacturer  Accuracy				· · · · · · · · · · · · · · · · · · ·							
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6. Which type of thermometer and which route is the most accurate?  7. Give three brand names available at your pharmacy and fill in the following table:  Brand name  Type of test  Route  Manufacturer  Accuracy				_	s and	disadv	vantag	es of th	ne diffe	rent t	ypes of
7. Give three brand names available at your pharmacy and fill in the following table:  Brand name  Type of test  Route  Manufacturer  Accuracy	5.	What	is the me	echanisı	n of ac	tion of	the pro	eviously 1	nention	ed type	es?
Following table:  Brand name Type of test Route Manufacturer Accuracy	6.	Which	type of	thermo	meter :	and wh	ich rou	ıte is the	most acc	curate'	?
Type of test  Route  Manufacturer  Accuracy					imes a	vailable	e at y	our pha	rmacy a	and fil	l in the
Route Manufacturer Accuracy	Brand nan	1e									
Manufacturer Accuracy	Type of tes	st									
Accuracy	Route										
	Manufactu	ırer									
Price	Accuracy										
	Price										

8. Give the instructions on the use of both of thebelow thermometers indicating the correct placement, the specific recommendations, the duration and the appropriate time of the day for measurement:

- OMRON® PROTEMP 3-WAY
- ARTSANA® Clinical thermometer
- 9. How should you clean a thermometer?
- 10. Results may be affected by some factors:
  - a. What factors may cause a normal increase in temperature?
  - b. What medications may cause fever?



**Topic 2: OTC Contraceptive Agents:** 

## **Learning Outcomes:**

### At the end of this topic, students must be able to:

- ❖ Acquire knowledge about methods of contraception: non-pharmacological, mechanical barriers and others...
- ❖ Learn about the instructions of use and patient counseling
- Choose between methods of contraception and collect information for patient education
- ❖ Be familiar with different brands available at the Yemen market

### OTC contraceptive agents

1. What are the non-pharmacological ways of contraception? Fill in the following table based on their availability at your pharmacy.

Mechanical Barrier	Picture	Brand Name (s) Available
Male Condoms		
Female Condoms	Male Female Condom	
Cervical Cap	Diaphragm	
Diaphragm	Cervical Cap	
Spermicidal Agents		

2. Give three brand names of male condoms available at your pharmacy. Give the characteristics of each one by identifying the different types of each brand and the main constituents. Fill in the table below to answer the above question.

Туре	Characteristics	Main Constituents
ExtraSafe	Thicker	

3. Give instructions on the use of one of them and the counseling that should be provided to the patients (include information about latex allergy).

## **Topic 3: Baby Care Products:**

## **Learning Outcomes:**

### At the end of this topic, students must be able to:

- ❖ Identify the different types of milk formulas, specific indications and instructions
- ❖ Identify the oral rehydration solutions and different preparations of Vitamins
- ❖ Be familiar with food supplements, diapers and other baby care products
- ❖ Learn the proper management of: infant colic, teething and nasal irrigation
- ❖ Be familiar with the available brands at the Yemen market.





## A. Infant formula Products

1	T	f	17.	Dwagat	:11-
1.	iniant	formula	versus	Breast	milk

a. How does the composition differ?

Infant formula	Breast milk	
	Infant formula	Infant formula  Breast milk

b. When is infant formula recommended over breast milk feeding?

c. Why it is not recommended to give whole cow milk before the age of 1 year?

d. When do we stop giving infant formula?

2. Please fill in the table below. Give at least 5 brand names available at your pharmacy (as possible).

Type of milk	Brand name	Indications and Components
Regular milk formula	Ex: Novalac®	
Fortified milk formula		
Lactose-free formula		
Milk product used in case of regurgitation		

3. What is the difference between Novalac  $1^{\otimes}$  and Novalac  $2^{\otimes}$ , or any other brand name milk?

4. Special conditions: What do you recommend in case the baby has the following special conditions? Give at least 3 brand names available at your pharmacy (as possible)

Special Condition	Recommendation	Special Composition	Brand names
Lactose intolerant			
Diarrhea			
Anemia			
Premature			

5. Differentiate the following types of milk formulas. Give at least 3 brand names available at your pharmacy (as possible)

Type of Milk	Composition	Brand names available
Cow milk Based Formula		
Soy based formula		
Casein Hydrolysate		
Elemental		

# **B.** Food Supplements

1. Give 3 brand names of food supplements and the types of food available under each brand.

Brand name of food supplement	Types of food available
Ex: Bledina	Ex: Rice, Carrots,

# C. Diapers and baby care products

Give 2 brand names for each of the following baby care products available at your pharmacy.

<b>Baby Care Product</b>	Brand names	
Diapers		
Baby wipes		
Baby shampoo		
Baby powder		







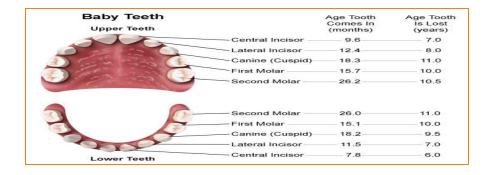


# D. Teething

- 1. What are the classical signs and symptoms of teething? Describe ways to soothe sore gums.
- 2. Give examples of OTC remedies used to soothe teething, available at your pharmacy, and fill in the table below:

OTC Remedy	Ingredient	Brand	Dosage Form	Application
		Ex: Dentinox®		

- 3. What is the hazard associated with teething medications?
- 4. When should we start considering fluoride supplements? With what other supplements does Fluoride interact?



# E. Vitamins

- 1. What are the recommended vitamins for babies?
- 2. Describe some of these vitamin supplements and fill in the following table:

Brand	Indication	Composition	Dosage form
Pediavit D®			
Pediavit DHA®			
Pediafer®			
Ferrate®			
Pedimax <sup>®</sup>			
Vitaday Junior®			
Others; please specify			



# F. Nasal washes and irrigation

1.	Why	should	vou	do a	nasal	wash?
	* * * *	biiouiu	you	uv u	HUBUI	W COLL

- 2. What is the correct wash technique?
- 3. What is the correct position for nasal wash?
- 4. Give four examples of brands of nasal washes for irrigation and fill in the following table:

Brand		
Composition		
•		
Dosage form		

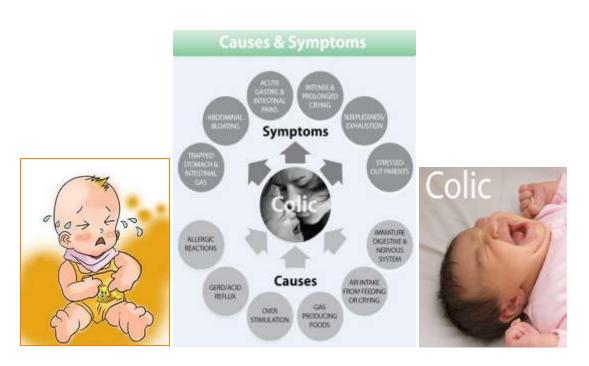




# G. Infant colic

- 1. What is infant colic? What might be the possible etiologies that might manifest as infant colic?
- 2. Give four examples of brands of medications available for infant colic and fill in the table below:

Brand		
Composition		
Dosage form		



# **Topic 4: Miscellaneous Parapharmaceuticals**

## **Learning Outcomes:**

At the end of this topic, students must be able to:

- ❖ Learn about the parapharmaceutical devices for hospital use
- ❖ Become familiar with the different types, indication, sizes of the devices

## A. Syringes

Fill in the table below regarding the syringes available at the pharmacy.

Kinds of syringes	Volume	Indication/ use in:
Syringe 0.5 cc	0.5 ml	Insulin administration



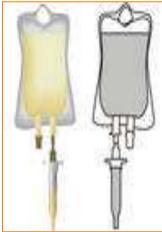


# B. Serum

Fill in the following table regarding the serum bags available at the pharmacy:

Type of Serum	Composition and Concentration	Volume
Simple	NaCl 0.9%	1L, 500ml, 250 ml, 100ml, 5 ml
Mixte	NaCl 0.9% , Dextrose 5%	1L, 500ml, 250 ml, 100ml, 5 ml

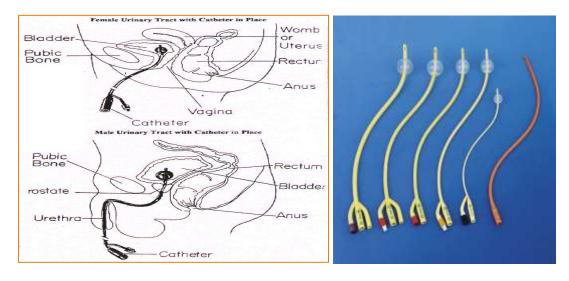




# C. Foley Catheters

What are the different sizes of Foley catheter available? Fill in the table below with the different sizes:

	Si	ize
Foley Catheter		



# D. Gloves

What are the different types of gloves available at your pharmacy? Fill in the table below with the following:

Brand	Type or formulation	Size

# MODULE 2

# MODULE 2: PHARMACY MANAGEMENT, HERBAL PRODUCTS, AND NUTRITIONAL SUPPLEMENTS

#### **Topic 1: Pharmacy Management**

With the changing dynamics of the pharmacy profession, specifically in the community practice settings, students need strong interpersonal and management skills in addition to their clinical knowledge. Moreover, knowing that in any general discussion of management, business management first comes to mind. Accordingly, this module will shed light on many aspects of community pharmacy management including:

- Managing Goods and Services
- Managing Operations
- Managing Money
- Managing Purchasing
- Technology

### **Learning Outcomes:**

#### At the end of this topic module, students will be able to:

- ❖ Manage the goods and services in the pharmacy by learning about the pharmacy layout and display of items and their effect on the sales
- **Manage operations** in the pharmacy by learning about:
  - Books and references that should be kept in the pharmacy
  - Controlled prescriptions and drug operations in a pharmacy
- **Manage money** in the pharmacy by learning about:
  - Employees who have access to the cash drawer
  - Management of the inventory
  - Pricing policy for drugs and parapharmaceuticals
- **❖ Manage purchasing** in the pharmacy by learning about wholesalers, agents, suppliers, expiry dates, and reorder points
- ❖ Learn about the **technology** use in the pharmacy including the software, search engines, daily transactions, and invoices
- ❖ Understand the concept of **profitability** that has historically carried a negative connotation in the minds of students, which in fact, should be viewed as a means of providing good quality patient care.

# A. Managing Goods and Services

1.	Describe the pharmacy layout. Which factors are considered in the design of the exterior and in the design and layout of the interior?
2.	What are the advantages and disadvantages of grid layout and free-flow layout arrangement? Which layout is present in the pharmacy?
3.	Goods properly placed act as a salesperson without wages. Is there any error made in the display?
4.	What factors should be considered when choosing items to display?

# **B.** Managing Operations

1. What books or equipments is the pharmacy supposed to have by the law set by the Order of Pharmacists in Yemen?

Books	Equipments		

2. What is the controlled prescription? Are they filled by date or by drug? What are the related laws?

3. Where does the pharmacist store controlled substances? Who is allowed to access such substances? How are they ordered? Describe the different books and invoices required to order such substances.

# C. Managing Money

1. Does every employee have access to the cash drawer? Do they have passwords?

- 2. How much money should be in the register at the beginning of each day at your pharmacy?
- 3. What is the drug and Para-pharmaceutical products pricing policy? What happens in case of any market prices fluctuations?

# D. Managing Purchasing

1.	What is the difference between an agent (وکیل) and a drugstore (droguerie)?
2.	List all agents that the pharmacy deals with. (You can get the list of all agents in Yemen from the Order of Pharmacists website so you can choose from it; website: <a href="www.opl.org.lb">www.opl.org.lb</a> )  Example: Mersaco
3.	List all drugstores that the pharmacy deals with. (You can get the list of all drugstores in Yemen from the Order of Pharmacists website so you can choose from it; website: <a href="www.opl.org.lb">www.opl.org.lb</a> )  Example: Nouvelle
4.	On what basis does the pharmacist choose a wholesaler? Are there any discount promotions or bonus policies applied?
5.	What are the invoice payment procedures? What is the expiry dates product return policy regarding the wholesaler/agent versus a drugstore?

6. Fill in the following table with the appropriate agent and example of drugs corresponding to each of the following scientific laboratories available in Yemen.

#	Scientific Laboratory	Agent that they deal with	Example of <u>3 DRUGS</u> that they distribute
1	A.P.M.		
2	Abbot		
3	Alcon		
4	Algorithm		
5	Bayer Schering Pharma		
6	Berna		
7	Boehringer Ingelheim		
8	Bristol Myers Squibb		
9	Fresenius Medical Care		
10	Glaxo Smithkline		
11	Grunenthal		
12	Hikma		
13	Janssen - Cilag		
14	Julphar		
15	Lederle		
16	Leo		
17	Lilly		

#	Scientific Laboratory	Agent that they deal with	Example of <u>3 DRUGS</u> that they distribute
18	Merck Sharp & Dohme (M.S.D.)		
19	Novartis Consumer Health		
20	Novartis Pharma		
21	Organon		
22	Parke Davis		
23	Pfizer		
24	Pharmaline		
25	Pierre Fabre		
26	Roche		
27	Sanofi Aventis		
28	Sanofi Pasteur		
29	Sanofi Synthelabo		
30	Schering		
31	Serono		
32	Servier		
33	Solvay		
34	Yamanouchi		

# E. Technology

1	. What is the search	engine that you	use tolook for	nroducts at voi	ur nharmacy?

2. How are products (drugs and parapharmaceuticals) identified by the software used in the pharmacy?

3. What are the daily transactions carried out by the software used?

4. Can the software help in the financial control?	How?
--	------

5. What are the three forms of invoices that the software can make?

6. When an order arrives to the pharmacy, what should the pharmacist do then?

# F. Managing Profits

1. What is the margin of profit that a pharmacist is allowed to have for different prescription and OTC medications at the pharmacy? How is this percentage divided into?

2. What is the margin of profit that a pharmacist is allowed to have for different parapharmaceuticals at the pharmacy?

3. Why isn't the pharmacist allowed to do a discount on any prescription or OTC drug to any of the patients at his/her pharmacy?

## **Topic 2: Herbal Products and Nutritional Supplements**

# **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Identify examples on brands and generics available at the pharmacy along with their corresponding prices
- Identify their therapeutic indications and different uses
- ❖ Identify the recommended dietary allowance of each
- ❖ Identify the most important side effects for each
- ❖ Identify any kind of interaction, whether with drugs, food, alcohol, or any others
- ❖ Identify the maximum allowed dose of selected herbs nutritional supplements, over which toxicity might occur

Fill in the tables in the following pages.

# A. Herbal Products and other supplements

	2 Brand Names	Indication	Side Effects	Major Drug Interactions
Aloe Vera				
Carnitine				
Cranberry				
Echinacea				
Fish Oil				
Garlic				
Ginger				
Ginkgo Biloba				
Ginseng				
Glucosamine / Chondroitin				
Grapefruit				
Saw Palmetto				
Valerian				

# **B.** Nutritional Supplements: Minerals and Vitamins

Minerals					
	Brand Names	Therapeutic Indication / Use	RDA	Side Effects	
Calcium					
Fluoride					
Magnesium					
Iron					
Zinc					

Vitamins							
	Vitamin	Name	Brand Names	Deficiency Related Use	Hyper- vitaminosis related Use	Side Effects	
	A	Retinol					
Lipid	D	Calciferol					
Soluble	Е	Tocopherol					
	K	Phylloquinone					
Water Soluble	Vitamin B Combos						
	С	Ascorbic Acid					

# MODULE 3

#### MODULE 3: DERMATOLOGY AND COSMETOLOGY

#### **Introduction**

Mild dermatologic conditions are one of the most frequent ailments for which patients seek counseling from the community pharmacist. This module introduces students to the main pharmaceutical ingredients and preparations used for the management of common dermatological disorders, with focus on available products in the Yemen market, their proper method of use, and relevant patient education.

Moreover, and because personal hygiene and cosmetic elegance form a discipline which pharmacists are frequently asked about, a second part of the module is dedicated to the review of pharmaceutical cosmetology and cosmeceuticals. The purpose of this part is to help students acquire a professional, healthcare-oriented approach to the selection of cosmetic products. It also helps them to apply basic skills learnt in the didactic cosmetology course in cosmetic-related pharmacy practice.

BRAD, YOU REALLY MUST DO SOMETHIN

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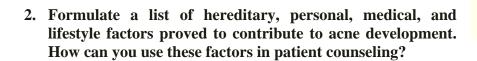
## **Topic 1: Dermatology**

#### A. Acneiform eruptions

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Identify mild, moderate, and severe cases of acne vulgaris presenting to the pharmacy, and differentiate between two main types: open and closed comedones
- \* Educate and explain to patients nondrug measures that help in alleviating the problem
- \* Compare and contrast between different products available in Yemen for topical acne vulgaris management, and their available formulations, dosage forms, and strengths
- Be familiar with topical and systemic, prescription-only treatment options used for management of acne vulgaris
- \* Recommend, for each product, appropriate doses, duration of treatment, administration guidelines, side effects, and relevant patient counseling
- ❖ Differentiate acne rosacea from acne vulgaris and know the available treatment options of the former condition
- Select the optimum treatment based upon patient factors
- 1. Among the various stages of acne vulgaris, you can easily identify two main types of acne lesions in patients presenting to the pharmacy: closed comedones (white heads) and open comedones (black heads). Please identify and differentiate between these two types.





3. The non-pharmacological management of acne is based upon gentle cleansing of the skin. Educate patients about the proper method of cleansing.



4. Compare between the different non-prescription products for the treatment of acne:

	Brief mechanism of action	Administration guidelines	Frequency and period of use	Adverse effects
Salicylic acid				
Benzoyl peroxide				

5. Formulate a list of topical acne products available in the Yemen market and compare between them according to the following table:

Trade name	Generic name	Dosage form	Concentration

6. Compare the different prescription products available for the management of acne according to the following table:

Drug	Brief mechanism of action	Adverse effects	Concentration & dose	Yemen brand name (if available)
<b>Topical agents</b>				
Tretinoin				
Adapalene				
Tazarotene				
Erthyromycin solution				
Systemic agents				
Lymecycline/ Doxycycline				
Cyproterone acetate+ethinyl estradiol				
Isotretinoin				

7. List the important criteria that the pharmacist must check before dispensing isotretinoin (Roaccutane®, Isosupra®, etc...). What are the important life style modifications, drug side effects and precautions that should be explained to the patient? Describe the teratogenic potential of this drug.



"Honest, I'm not a toad - I'm a frog with a skin condition."

8.	Give examples from the pharmacy on products used to reduce black heads. What
	are the active ingredients of such products?

- 9. Another type of acneiform eruptions is acne rosacea (adult acne).
  - a. Briefly differentiate between acne vulgaris and acne rosaceae

Acne vulgaris	Acne rosaceae

b. Identify some acne rosacea treatments present in the pharmacy and fill in the table below:

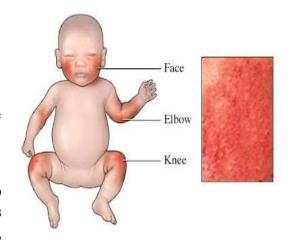
Drug	Brand name	Strength	Method of application
Topical metronidazole			
Topical azelaic acid			

## **B.** Dermatitis

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Be familiar with topical products available for the treatment of various types of dermatitis
- \* Know the proper use and side effects of such products
- 1. One of the key steps to alleviate dermatitis is to keep skin hydrated. Please give examples of emollients available in the pharmacy for skin moisturization, and list the important ingredients in these products.



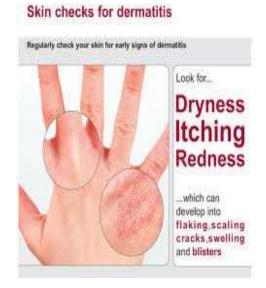
Emollient	Ingredients

2. Give at least one brand of cold cream used for moisturization of skin. What does this formulation contain?

3. List important topical steroids used for the management of dermatitis flareups, according to the table below:

<b>Steroid ingredient</b>	Brand name(s)	Strength(s) (%)	Dosage form(s)
	Hydracort®		
Clobetasole proprionate			
Triamcinolone acetonide			
Fluocinolone acetonide			
Betamethasone dipropionate			
Mometasone			

4. Educate patients about proper use of steroids in dermatitis. What are the most important side effects of these products?



5. At the final end of the dermatitis spectrum, lies the condition of psoriasis. Please identify the following products for psoriasis management available at the pharmacy:

Product	Brand name(s)	Dose or frequency of administration	Side effects
<b>Topical products</b>			
Tazarotene			
Calcipotriol			
Calcipotriol+betamethasone			
Systemic products			
Methotrexate			

### C. Diaper dermatitis (diaper rash)

**Learning Outcomes:** 

#### At the end of this topic, students must be able to:

- \* Elaborate suitable practices for prevention of diaper dermatitis
- Compare between different products that can be used for the management of this condition
- Counsel parents/caregivers on the appropriate use of these products
- ❖ Identify common pitfalls in the management of this condition
- 1. What are the signs and symptoms of the diaper dermatitis?



2. Counsel a parent on nonpharmacological measures used to minimize the problem, and familiarize yourself with the various parapharmaceutical products including disposable diapers and wipes. Is the use of commercially available wipes during diaper rash episodes recommended? Justify.

\*ADAM

Diaper rash

3. Skin protectants are the cornerstone for diaper rash control. Compare different skin protectants according to the following table:

Skin protectant	Concentration	Brands in Yemen market
Zinc oxide		
Calamine		
Dimethicone		

4. Is it possible to use of steroid-containing topical preparations for the management of diaper rash? Why?

5. What is adult incontinence dermatitis?

## D. Dandruff

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- Know how dandruff be controlled through the use of medicated and non-medicated shampoos
- \* Advice patients over the use of these products



- 1. Dandruff is a very common condition of the scalp. Pharmacists should initially counsel patients suffering from dandruff to promote hair hygienic measures using non-medicated shampoo.
  - a. How can the hygiene be improved?
  - **b.** What are the general cleansing ingredients contained in non-medicated shampoo?
- 2. Describe the ingredients of medicated shampoos used for dandruff control, according to the table below:

Ingredient	Mechanism	Approved	Method of	Side	Brands in
	of action	concentration	application	effects	Yemen market
Pyrithione zinc					
Selenium sulfide					
Coal tar					
Ketoconazole					

E. Topical anti-infective agents

**Learning Outcomes:** 

#### At the end of this topic, students must be able to:

- \* Recall the important skin infections for which the pharmacist is referred
- \* Know the important topical anti-infectives and their proper use
- 1. Review the basic infective agents that cause skin infections in patients presenting to the community pharmacy, according to the following classification:

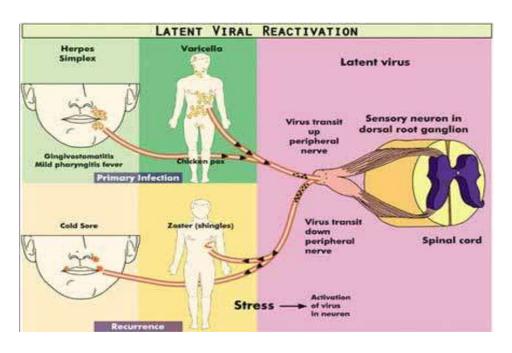
Infective pathogens	Most important examples of skin infections
Staphylococci and streptococci	
Herpes simplex type 1	
Candida	
<b>Dermatophytes of body</b>	
Dermatophytes of feet	
Dermatophytes of scalp	
Dermatophytes of nails	

2. Identify the pharmaceutical products used for topical management of skin infections, according to the following table:

Active ingredient	Brand name(s)	Dosage form					
Topical antibacterials							
Fucidic acid							
Mupirocin							
Erythromycin							
Tetracyclin							
Topical antivirals							
	Zovirax <sup>®</sup> , Cylovex <sup>®</sup> ,						
	Supraviran <sup>®</sup>						
	Viru-Merz®						
Topical antifungals	Topical antifungals						
Clotrimazole							
Miconazole							
Ketoconazole							
Terbinafine							

3. Identify the following systemic antifungals used for the management of onychomycosis:

Systemic antifungal	Fluconazole	Itraconazole	Terbinafine
Trade name(s)			
Appropriate dose for onychomychosis			
Appropriate therapy duration for onychomychosis			
Side effects			
Drug-drug interactions			



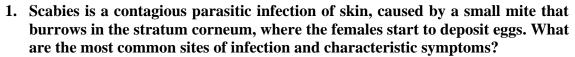
Scables

### F. Parasitic skin infestations

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Define **scabies**, understand and elaborate treatment options
- ❖ Regard the problem of **head lice** as a common condition handled by the pharmacist
- ❖ Be familiar with both OTC and prescription-only products use to treat lice, with particular focus on those available in the Yemen market
- Llaborate the proper method of use of the above products
- ❖ Be able to counsel patients on appropriate pharmacological as well as nonpharmacological measures needed to ameliorate parasitic infestations
- ❖ Promote against the development of resistance against pediculicides



2. The commonly used preparations for the treatment of scabies contain benzyl benzoate. Give commercial names of products containing benzyl benzoate. How are they used?



3. If a person is infected and is being treated against scabies, what are the hygienic and preventive measures for the households and people living in the same environment?

4.	Pediculosis is a skin infestation produced by blood-sucking lice. Three types of
	lice that infect humans: head, body and pubic lice. Briefly describe the age and
	seasonal incidence, and transmission of head lice infestation.

- 5. What are the signs and symptoms observed in patients presenting with head lice infestation?
- 6. Identify in the pharmacy nit combs and their proper use.
- 7. Compare and contrast between the different non-prescription medicated shampoos used for head lice infestation treatment, and counsel patients about their correct use, according to the table below.

Product	Permethrin
Brand names	
Method of application	
Recommended treatment period for maximum effectiveness	
Side effects and precautions	

8. Compare and contrast the <u>prescription-only pediculicides</u> according to the table below:

Product	Method of application	Recommended treatment period for maximum effectiveness	Side effects	Brand names in Yemen market (if available)
Malathion				
Lindane				

- 9. Educate your patient about lice treatment and prevention (transmission through personal items, use of nit combs, cleaning and disinfection of household items using detergents and sunlight exposure, etc..).
- 10. What is the minimum age for use of the above products?
- 11. Are the above products compatible with pregnancy and lactation?
- 12. Can pediculicides be prescribed by the community pharmacist for prophylaxis against lice infestation? Why?

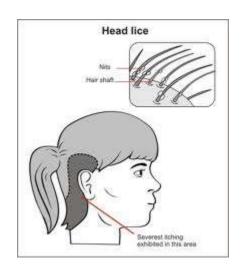


"You're too skeptical. Think of all those heads out there - how CAN there be only life on ours?"

- 13. The oral antibiotic combination trimethoprim-sulfamethoxazole is claimed in some small studies to be effective against head lice.
  - What are the available trade names in Yemen?
  - What is the rationale behind the above use?

14. Properly advice a mother, presenting to your counter, about her 5-year old son reported by his school to suffer head lice infestation.





## G. Minor Wound Care

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Differentiate minor wounds that the patient can self-manage with the help of the pharmacist
- \* Know the antiseptics available for minor wound care and elaborate their correct utilization

For limited, minor wounds that can be self-managed, complete the following table:

Ingredient	Strength	Use
Normal saline		
Hydrogen peroxide		
Iodine tincture		
Betadine (various dosage forms)		
Ethyl alcohol		
Isopropyl alcohol		

## H. Corns

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- Compare and contrast different treatment products for corns
- Select appropriate non-pharmacological therapy and patient counseling
- ❖ Be familiar with available brands at the Yemen market



- 1. The soles of the feet are the most common positions for corn development. What are the predisposing factors to this problem? Advice a patient on how it can be avoided.
- 2. Salicylic acid is a keratolytic agent marketed as a nonprescription product for treatment of corns. Describe its use according to the following table:

Salicylic acid dosage forms	Solution (collodion)	Plaster
Brand(s)		
Description of the dosage form		
Administration frequency and counseling		
Concentration		
Contraindications		

#### I. Insect bites

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- Properly regard insect bites as a common problem especially during summer outdoor activities
- Comprehend nonpharmacological management of insect bites including avoidance of insects and use of insect repellants
- ❖ Be familiar with nonprescription therapy of minor insect bites.
- Elaborate commonly used prescription-only products for management of this common condition
- 1. The FDA-approved insect repellants are listed in the table below; please compare and contrast between them.

Insect repellant	Dosage forms	Frequency of topical application	Minimum age for safe use	Side effects	Yemen brands (if available)
DEET					
Picaridin					

- 2. Mention other ingredients of natural origin, available in insect repellant products
- 3. How can you advice a patient about avoiding insect bites other than by application of topical repellants?

- 4. Ice packs and cold compresses can be used to relieve pain associated with insect bites, if placed over them for about 10 minutes. Find samples from these in the pharmacy and educate patients about using them.
- 5. Describe the following agents used for insect bite management:

Generic name	Trade name (s)	Application frequency
Dimenhydrinate gel		
Calamine lotion		
Dimenhydrinate tablets		
	Histamed F <sup>®</sup> tablets	

- 6. What should be done if infection develops at the site of the bite or if anaphylaxis occurs?
- 7. Malaria is a disease transmitted by an insect bite and endemic in Africa. How do you advice a Yemen patient traveling to Africa about avoidance of malaria (mention both the prophylactic oral drug of choice and the nonpharmacological options).

#### **Topic 2: Cosmetology**

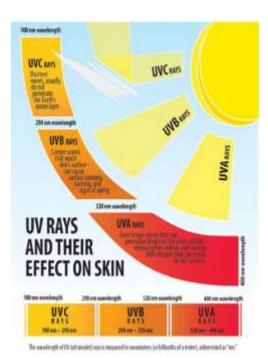
#### A. Sunscreens, sun less tanning products and de-pigmenting agents **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- Explain to patients the importance of skin protection against sun exposure
- ❖ Be familiar with different classes of sun-protecting (sunscreen/sunblock) agents
- ❖ Understand sun tanning and evaluate different artificial tanning agents
- Let us the patient about the way to protect his skin from sunlight
- ❖ Discuss the different types of drug induced photosensitivity reactions

#### **Sunscreens**

- 1. People protect their skin against harmful ultra violet light by avoiding exposure and applying sunscreens. The ability of sunscreen products to protect skin against UVB depends upon its sun protection factor (SPF). What is SPF? How it is calculated?
- 2. What is the minimum SPF for adults and children?
- 3. Some sunblockers claim having a broad spectrum protection. What does that mean?



4. Educate patients about exposure to UV radiation and corresponding skin damage, i.e. time of the day, season, altitude, environmental, and genetic factors.



5. Ingredients used in sunscreen have different characteristics. They are usually classified into 2 main groups: Physical blockers (sunblock) and chemical absorbers (sunscreens). Explain the difference between both groups. Describe selected sunblock and sunscreen products available in Yemen (at least 5), according to the table below:

	Ingre	dients	Prote		
Brand name	sunblock	sunscreen	SPF	Broad Spectrum	Dosage form
1-					
2-					
3-					
4-					
5-					

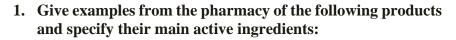
6.	Explain	to	patients	when	and	how	frequently	they	should	apply	sun-
	protectar	ıt.									

- 7. What formulation of sun-protectant would you recommend for dry skin and for oily skin?
- 8. Who should apply products with highest SPF: individuals with dark, medium, or fair skin?

9. Classify the skin phototype and give the characteristics of each one:

Phototype	Skin color	Skin color upon sun exposure	Skin reaction upon sun exposure
Ι			
II			
III			
IV			
V			
VI			

## **Sunless tanning products**





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Product	Brand name ®	2 Main Active ingredients	Mechanism of action
Suntan products			
Oral pigmenting agents			
Topical pigmenting agents			

2. What will be the advice and recommendation that you may give to your consumer when using such products?

## Depigmenting agents

1. Explain the mechanism or pathway of skin pigmentation and list the types of skin hyperpigmentation.





2. What are the main factors that induce and accelerate skin pigmentation?

3. List the most important photosensitive drugs that induce skin pigmentation.

4. What are the available OTC products that treat hyperpigmentation? Give 2 examples; identify their active ingredients and their mechanism of action.

OTC Product	Active ingredients	Mechanism of Action

5. List 5 available cosmetic whitening agents available in the Yemen market and specify the active ingredients of each one.

Cosmetic whitening agents	Active ingredients

6. Counsel your consumers about the appropriate use of whitening agents (advice, how to use the products, recommendations)



## B. Hair Care, Hair loss and depilatory agents

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Identify the specific type of hair loss
- Understand the main causes of hair loss
- ❖ Have an idea about available products that treat hair loss
- ❖ Counsel the consumer about the practices that may induce or enhance hair loss and how to take care of their hair
- 1. What is the duration of the hair growth cycle?



- 2. List the different types of hair loss.
- 3. What are the main causes of hair loss?
- 4. Define androgenic alopecia and give the appropriate FDA approved treatment.
- 5. What are the symptoms of alopecia errata and the available treatments?

6. List the available oral supplements for hair loss. Do they help? Justify your answer.

Brand name ®	Active components	Claims of the manufacturer
1-		
2-		
3-		
4-		
5-		

7. Depilatory agents: main active ingredient and their mode of action.



#### C. Anti aging products

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Understand the mechanism of action of anti-wrinkle products
- ❖ Counsel patients about wrinkles and to prevent their formation
- ❖ Differentiate between different type of anti-wrinkle products
- ❖ Be more familiar with the components having anti-wrinkle benefits
- 1. List the main factors influencing and accelerating skin aging.



2. How we can escape aging? Is there any preventive treatment?

3. A 50 years old lady came to the community pharmacy asking for an effective anti-wrinkle product. She claimed that she tried a number of cosmetic products without any proven efficacy. What do you suggest and what will be your recommendation and advice?





4. Fulfill the table below with the available anti-wrinkle products available in the community pharmacy. (8 examples)

Brand name ®	Main anti-wrinkle component	Specific claims
1-		
2-		
3-		
4-		
5-		
6-		
7-		
8-		

## D. Specific daily care products for men **Learning Outcomes:**

## At the end of this topic, students must be able to:

- ❖ Be familiar with specific cosmetological products for men,
- ❖ Guide their consumer about the correct use of such products

#### Fill in the following table about daily products for men:

Product	<b>Brand</b> ®	Main components	Activity
Hydrating products			
Anti- wrinkle			
products			
Eye care products			

## E. Specific daily care products for near normal skin (dry/oily skin) Learning Outcomes:

#### At the end of this topic, students must be able to:

- ❖ Advice patients about appropriate management of skin care
- ❖ How to manage oily skin and prevent acne
- ❖ How to manage dry skin and prevent xerosis
- 1. Specific hydrating products (moisturizers)for dry skin:

. 1		
Voll		
INY	SHOULD IFORTABL OUR SKIN HAVE	E
TO V	VEAR IT RY DAY.	
		103000 D

	The state of the s
<b>Brand</b> ®	Specific components
1-	
2-	
3-	
4-	

#### 2. Specific hydrating products for oily skin (non-comedogenics):

Brand®	Specific components
1-	
2-	
3-	
4-	

## F. Cellulite

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- Mechanism of action of anti-cellulite products
- How to use anti-cellulite products
- ❖ Available anti-cellulite products in the Yemen market
- 1. Define cellulite.
- 2. List 5 examples of anti-cellulite agents used nowadays and specify their mechanism of action

Anti-cellulite Agent	Mechanism of action
1-	
2-	
3-	
4-	
5-	

3. List some examples of topical anti-cellulite cosmetic products available in your pharmacy.

Topical anti-cellulite	Main active components	Claims of the products
1-		
2-		
3-		
4-		
5-		
6-		

- 4. Counsel your consumers about the appropriate use of anti-cellulite products.
- 5. Do you think topical anti-cellulite products are effective? Justify your answer.

## G. Eye care products **Learning Outcomes:**

## At the end of this topic, students must be able to:

 Understand the difference between different eye care products such anti-wrinkle, hydrating or even anti-dark circle products.



	Brand name®	Main component(s)	Activity
Dark circles			
Hydrating			
Anti-wrinkles			

## Module 4

MODULE 4: OTC AGENTS FOR COUGH, COLD, AND SORE THROAT/ OTC ANALGESICS AND ANTIPYRETICS / ORS / ALLERGIC RHINITIS

#### Topic 1: OTC products for cough and cold **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Differentiate between the two main cough types: wet and dry
- Comprehend various modes of action of cough products
- ❖ Be familiar with different brands available at the Yemen market for cough management & consider their ingredients, dosage forms & doses
- ❖ Identify the symptoms of common cold and their definite sequence of development, and assess the relevance of OTC treatment
- ❖ List non-pharmacological approaches for common cold and formulate appropriate patient counseling
- ❖ Individualize patient therapy for common cold
- ❖ Be familiar with the available products & combinations for common cold management at the Yemen market, taking into account their dosage forms, ingredients & doses
- ❖ Differentiate between decongestants and be familiarized with available products found on the Yemen market
- ❖ Discourage the inappropriate use of antibiotics in the management of cough and common colds

1. Specify all dosage forms available, active ingredients and therapeutic class (mucolytic, expectorant, cough sedative) of each of the following commercially available cough products listed in the table below:

Product®	Dosage Active	Therapeutic	Compatibility			
	form		class	Diabetes Mellitus	Hypertension	Pregnancy
Sinecod®						
Rhinathiol®						
Toplexil®						
Trophires®						
Rectoplexil®						
Bisolvon®						
Mucosolvan®/ Mucum®						
Neo-codion®						
Alergical expectorante®						
Bronchicum <sup>®</sup>						
ACC®/Flumicil®						
Fluibron®						
Prospan®						
Alpen Kraft®						

- 2. Explain to a patient the important non-pharmacological measures that help in the alleviation of symptoms of common cold.
- 3. OTC products dispensed to patients with common colds include <u>topical and systemic decongestants</u>, <u>cough suppressants</u>, and <u>analgesics</u>; many of these are available in <u>combination</u>. Please specify examples of these products from the community pharmacy according to the following table:

Product®	Active ingredients	Administration (dosing and frequency)	Counseling
Advil sinus tablets			
Panadol sinus tabs			
Panadol cold and flu (yellow)			
Panadol cold and flu (green)			
Uniflu tablets			
Citramin tablets			
123 tablets			
123 liquid			
Coldin tablets			
Coldin liquid			
Novagesic tablets			
Otrivin nasal drops/spray			
Vibrocil nasal drops/spray/gel			

Triofan drops/spray	nasal		
Nasivin drops	nasal		
Xylocomod			

4. A patient requests NOVAGESIC® from the pharmacist. About which conditions must the pharmacist ask before dispensing the drug?

5. Would you dispense an antibiotic for a patient presenting to the pharmacy with symptoms of sore throat, rhinorrhea, cough, and mild fever? Why?

#### **Topic 2: OTC products for sore throat Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Identify sore throat symptoms and their relationship to upper respiratory tract infections
- ❖ Identify commercial products for the management of sore throat in the Yemen market
- 1. Mention the generic names of some lozenges used for sore throat relief according to the following table:

according to the following table.				
Product Brand name	Generic name	Dosage form		
Orofar				
Anginova				
Trachisan				
Vicks drops				
Strepsils				
Drill				
Decatylen				

2. Counsel patients on the proper use of these products.

#### <u>Topic 3: OTC analgesics and antipyretics</u> <u>Learning Outcomes:</u>

#### At the end of this topic, students must be able to:

- ❖ Select the appropriate antipyretic/analgesic for each patient according to his/her age, pregnancy and disease condition
- ❖ Be familiar with different analgesics/antipyretics available at the Yemen market considering their ingredients and dosage forms
- ❖ Be familiar with different combinations available at the Yemen market considering their ingredient and dosage forms
- ❖ Identify Reye's syndrome
- 1. Please fill in the following table for different non-steroidal anti-inflammatory drugs (NSAIDs) that are available on the Yemen market.

Generic name	Brand name	Dosage form (oral, rectal, injection; specify both immediate and sustained release formulations)	Contraindications	Minimum age limit
Aspirin				
Enteric coated aspirin				
Acetaminophen				
Ibuprofen				
Ketoprofen				
Naproxen sodium				
Tiaprofenic acid				

	1	Т.	1
Mefenamic acid			
Diclofenac sodium			
Diclofenac potassium			
Meloxicam			
Piroxicam			
Celecoxib			

- 2. What are the differences between regular aspirin and enteric-coated aspirin?
- 3. What is the maximum daily dose of acetaminophen?
- 4. What is Reye's syndrome? With which of the above drugs is it associated?
- 5. Which of the above drugs is considered a safe analgesic during pregnancy?

6.	Which of the above drug(s) is safe for a 2-year old child suffering fever and a viral infection? How would you calculate the dose of the drug(s) for this child?
7.	How do you counsel patients to use NSAIDS in relation to meals?
8.	Are NSAIDs safe in patients with hypertension?
9.	Which NSAID is the safest to use in a patient with cardiovascular diseases?
10.	Which of the NSAIDs listed above is considered mostly safe for a patient with gastritis or peptic ulcer disease? Why?
11.	. Which of the NSAIDs listed above is approved for children?
12.	. What is the difference between Voltaren® 50 mg and Voltaren® 50 mg D?
13.	. What is the difference between Doclofenac® and Cataflam®?

## 14. Fill in the following table for combination analgesics/antipyretics from the Yemen market:

Brand name®	Ingredients	Contraindications
Panadol Extra/Adol extra		
Panadol Night		
Solpadeine		
Excederin		
Maxifen		

#### **Topic 4: Oral Rehydration Solutions (ORS) Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Define oral rehydration solutions and know their major ingredients
- Identify conditions in which these products are to be used
- \* Recommend to the patients correct use and storage of these products
- 1. Oral rehydration solutions are fluid/electrolyte replacement products intended to restore water and salts lost during episodes of diarrhea or vomiting especially in newborns and infants. Please identify the ingredients of ORS from the commonly available preparations like Pedialyte® and Babylyte®.

2. Certain commercially available ORS are fruit-flavored to improve taste; others are supplied in the form of powders to be reconstituted before use. How should a powder ORS be reconstituted and for how long should it be stored?

3. Give at least one example of a food supplement given to pediatrics instead of milk products during diarrhea.

## **Topic 5: Allergic Rhinitis**

#### **Learning Outcomes:**

#### At the end of this topic, students must be able to:

- ❖ Recognize signs/symptoms and triggers of allergic rhinitis
- ❖ Formulate a patient-specific and symptom-specific therapeutic plan
- Know the antihistamines available on the market, dosage forms, side effects and monitoring
- \* Know all options available for allergic rhinitis
- ❖ Counsel the patient on pharmacologic and non-pharmacologic therapies

Fill in the tables in the following pages.

## **Systemic Antihistamine**

Brands available	Side Effects and Major Counseling tips
nic Antihistamine	
Atarax®	
Actifed®	
Fenistil ®	
Histamed F®	
Primalan ®	
temic Antihistamine	
Xyzal <sup>®</sup>	
Aerius®	
Telfast®	
	Actifed®  Fenistil®  Histamed F®  Primalan®  temic Antihistamine  Xyzal®  Aerius®

Nasal Antihistamine			
Generic	Brands available	Side Effects and Major Counseling tips	
	Allergodil®		

Systemic decongestants	

Generic	Brands available	Side Effects and Major Counseling tips
Phenylephrine		
Pseudoephedrine		
	Topical deconge	estants (drops or spray)
Short acting (up to	4 hours)	
Phenylephrine		
Intermediate actin	g (4-6 hours)	
	Rino Fluimucil ®	
Xylometazoline		
Long acting (up to	12 hours)	
	Nasivin ®	

Nasal Steroids				
Generic	Brands available	Side Effects and Major Counseling tips		
Beclomethasone				
	Rhinocort®			
Fluticasone propionate				
	Avamys ®			
Mometasone				
	Nasocort®			
Others				

## **APPENDIX**

#### LEBANESE INTERNATIONAL UNIVERSITY

#### **SCHOOL OF PHARMACY**

## **Student Daily Attendance Sheet**

This attendance sheet should be kept at all times with the pharmacist or his/her representative. The student is responsible to fill in daily log in and log out times during the whole period of the rotation. Any absence or tardiness in attending the assigned site is not tolerated and accordingly will diminish the student evaluation.

Student Name:	
Rotation schedule:	

Date	Log in time	Log out time	Pharmacist signature
Date	Log in time	Log out time	Pharmacist signature

# Community Pharmacy PHAR685 2022

Pharmacist signature:		

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